US HARBORS www.USHarbors.com

Seaside Park, NJ - Mar 2048

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	7:26	4.7	7:53	4.7	1:30	-0.6	1:55	-0.7	6:27	5:48	
2	Mon	8:07	4.6	8:35	4.8	2:15	-0.7	2:34	-0.7	6:26	5:49	
3	Tue	8:52	4.4	9:23	4.8	3:00	-0.7	3:14	-0.6	6:24	5:51	
4	Wed	9:43	4.2	10:15	4.8	3:46	-0.5	3:56	-0.5	6:23	5:52	
5	Thu	10:40	4.0	11:14	4.6	4:37	-0.3	4:44	-0.2	6:21	5:53	
6	Fri	11:42	3.8			5:38	0.0	5:45	0.0	6:20	5:54	
7	Sat	12:15	4.5	12:45	3.7	6:49	0.1	7:00	0.2	6:18	5:55	
8	Sun	1:17	4.4	2:50	3.6	9:01	0.2	9:15	0.2	7:17	6:56	
9	Mon	3:23	4.3	3:59	3.7	10:07	0.0	10:22	0.1	7:15	6:57	
10	Tue	4:31	4.4	5:05	4.0	11:04	-0.2	11:21	-0.1	7:14	6:58	
11	Wed	5:33	4.5	6:03	4.3	11:55	-0.4			7:12	6:59	
12	Thu	6:25	4.7	6:51	4.5	12:14	-0.3	12:43	-0.5	7:10	7:00	
13	Fri	7:11	4.7	7:35	4.7	1:04	-0.4	1:27	-0.6	7:09	7:01	
14	Sat	7:54	4.7	8:15	4.8	1:51	-0.5	2:09	-0.6	7:07	7:02	
15	Sun	8:35	4.6	8:54	4.7	2:36	-0.5	2:48	-0.5	7:06	7:03	
16	Mon	9:15	4.4	9:32	4.6	3:17	-0.4	3:25	-0.3	7:04	7:04	
17	Tue	9:56	4.2	10:10	4.5	3:56	-0.2	3:59	-0.1	7:02	7:05	
18	Wed	10:39	3.9	10:49	4.2	4:33	0.0	4:32	0.1	7:01	7:06	
19	Thu	11:24	3.7	11:31	4.0	5:11	0.2	5:06	0.4	6:59	7:07	
20	Fri			12:12	3.4	5:52	0.5	5:43	0.6	6:58	7:08	
21	Sat	12:17	3.9	1:02	3.3	6:43	0.7	6:31	0.9	6:56	7:09	
22	Sun	1:06	3.7	1:53	3.2	7:47	0.9	7:39	1.0	6:54	7:10	
23	Mon	1:58	3.7	2:47	3.3	8:54	0.9	8:52	1.0	6:53	7:12	
24	Tue	2:54	3.7	3:46	3.4	9:53	0.7	9:57	0.8	6:51	7:13	
25	Wed	3:56	3.8	4:44	3.7	10:44	0.5	10:52	0.5	6:49	7:14	
26	Thu	4:56	4.0	5:36	4.0	11:30	0.2	11:43	0.2	6:48	7:15	
27	Fri	5:49	4.3	6:21	4.4			12:14	-0.1	6:46	7:16	
28	Sat	6:36	4.5	7:03	4.8	12:32	-0.1	12:57	-0.3	6:45	7:17	
29	Sun	7:20	4.7	7:45	5.2	1:21	-0.4	1:41	-0.5	6:43	7:18	
30	Mon	8:04	4.8	8:28	5.3	2:10	-0.6	2:25	-0.6	6:41	7:19	
31	Tue	8:50	4.7	9:14	5.4	2:59	-0.7	3:10	-0.6	6:40	7:20	