US HARBORS www.USHarbors.com

Seaside Park, NJ - Jul 2048

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	12:00	4.9	12:39	4.8	6:13	-0.1	6:44	0.7	5:31	8:28	
2	Thu	12:53	4.6	1:29	4.7	7:03	0.2	7:45	0.9	5:32	8:28	
3	Fri	1:43	4.3	2:17	4.6	7:56	0.5	8:47	1.0	5:33	8:28	
4	Sat	2:32	4.0	3:05	4.6	8:48	0.7	9:45	1.0	5:33	8:28	
5	Sun	3:25	3.8	3:56	4.5	9:39	0.7	10:38	0.9	5:34	8:28	
6	Mon	4:21	3.7	4:49	4.6	10:27	0.8	11:26	0.7	5:34	8:27	
7	Tue	5:18	3.8	5:39	4.7	11:13	0.7			5:35	8:27	
8	Wed	6:09	3.9	6:24	4.8	12:11	0.6	11:59 AM	0.7	5:36	8:27	
9	Thu	6:55	4.0	7:05	4.9	12:56	0.5	12:44	0.7	5:36	8:26	
10	Fri	7:37	4.1	7:43	4.9	1:39	0.4	1:29	0.6	5:37	8:26	
11	Sat	8:17	4.2	8:19	4.9	2:21	0.3	2:13	0.6	5:38	8:25	
12	Sun	8:56	4.2	8:53	4.9	3:00	0.2	2:55	0.6	5:38	8:25	
13	Mon	9:35	4.2	9:28	4.8	3:37	0.2	3:34	0.6	5:39	8:24	
14	Tue	10:13	4.3	10:05	4.7	4:11	0.2	4:13	0.6	5:40	8:24	
15	Wed	10:54	4.4	10:47	4.6	4:44	0.2	4:52	0.7	5:41	8:23	
16	Thu	11:39	4.5	11:37	4.4	5:17	0.3	5:38	0.8	5:41	8:23	
17	Fri			12:28	4.6	5:56	0.4	6:34	0.8	5:42	8:22	
18	Sat	12:31	4.3	1:19	4.8	6:45	0.4	7:43	0.9	5:43	8:21	
19	Sun	1:29	4.1	2:14	4.9	7:48	0.5	8:56	0.8	5:44	8:21	
20	Mon	2:31	4.1	3:15	5.1	8:57	0.4	10:04	0.5	5:45	8:20	
21	Tue	3:39	4.1	4:21	5.3	10:05	0.3	11:05	0.3	5:46	8:19	
22	Wed	4:51	4.2	5:27	5.5	11:07	0.1			5:46	8:18	
23	Thu	5:57	4.4	6:25	5.7	12:02	0.0	12:06	0.0	5:47	8:18	
24	Fri	6:55	4.7	7:19	5.8	12:57	-0.3	1:04	-0.2	5:48	8:17	
25	Sat	7:49	4.9	8:10	5.8	1:50	-0.5	2:00	-0.2	5:49	8:16	
26	Sun	8:41	5.1	8:59	5.7	2:40	-0.6	2:54	-0.2	5:50	8:15	
27	Mon	9:32	5.1	9:49	5.4	3:27	-0.6	3:44	-0.1	5:51	8:14	
28	Tue	10:22	5.0	10:39	5.1	4:11	-0.5	4:31	0.1	5:52	8:13	
29	Wed	11:13	4.9	11:29	4.7	4:53	-0.2	5:19	0.4	5:53	8:12	
30	Thu			12:03	4.8	5:35	0.1	6:09	0.7	5:54	8:11	
31	Fri	12:20	4.4	12:52	4.7	6:19	0.4	7:05	0.9	5:54	8:10	