US HARBORS www.USHarbors.com

Seaside Park, NJ - Jan 2049

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	4:17	4.9	4:45	4.0	10:53	-0.4	10:56	-0.5	7:17	4:42	
2	Sat	5:15	5.2	5:43	4.2	11:48	-0.7	11:53	-0.7	7:17	4:43	
3	Sun	6:09	5.5	6:37	4.5			12:42	-1.0	7:17	4:44	
4	Mon	7:01	5.6	7:30	4.6	12:49	-0.9	1:34	-1.2	7:17	4:45	
5	Tue	7:52	5.5	8:23	4.7	1:44	-1.0	2:24	-1.3	7:17	4:45	
6	Wed	8:44	5.3	9:17	4.6	2:36	-0.9	3:11	-1.2	7:17	4:46	
7	Thu	9:37	5.0	10:13	4.5	3:27	-0.7	3:58	-1.0	7:17	4:47	
8	Fri	10:32	4.7	11:08	4.4	4:18	-0.4	4:45	-0.7	7:17	4:48	
9	Sat	11:26	4.3			5:13	-0.1	5:36	-0.4	7:17	4:49	
10	Sun	12:01	4.3	12:19	4.0	6:14	0.2	6:30	-0.1	7:17	4:50	
11	Mon	12:52	4.1	1:11	3.7	7:19	0.4	7:27	0.1	7:16	4:51	
12	Tue	1:43	4.0	2:05	3.4	8:22	0.4	8:23	0.2	7:16	4:52	
13	Wed	2:37	4.0	3:03	3.3	9:20	0.4	9:15	0.3	7:16	4:53	
14	Thu	3:33	4.0	4:01	3.3	10:11	0.3	10:04	0.2	7:15	4:55	
15	Fri	4:27	4.1	4:54	3.4	10:57	0.1	10:50	0.1	7:15	4:56	
16	Sat	5:14	4.2	5:41	3.6	11:41	0.0	11:35	0.0	7:15	4:57	
17	Sun	5:56	4.3	6:23	3.7			12:24	-0.1	7:14	4:58	
18	Mon	6:35	4.4	7:03	3.8	12:19	0.0	1:05	-0.3	7:14	4:59	
19	Tue	7:11	4.4	7:41	3.8	1:01	-0.1	1:44	-0.3	7:13	5:00	
20	Wed	7:45	4.3	8:18	3.8	1:42	-0.1	2:20	-0.4	7:13	5:01	
21	Thu	8:17	4.2	8:53	3.8	2:21	-0.1	2:53	-0.3	7:12	5:02	
22	Fri	8:50	4.1	9:29	3.8	2:57	-0.1	3:25	-0.3	7:11	5:04	
23	Sat	9:26	4.0	10:09	3.9	3:33	0.0	3:55	-0.2	7:11	5:05	
24	Sun	10:09	3.8	10:54	3.9	4:12	0.1	4:28	-0.1	7:10	5:06	
25	Mon	10:59	3.7	11:45	4.0	4:58	0.3	5:09	0.0	7:09	5:07	
26	Tue	11:56	3.5			6:01	0.4	6:07	0.1	7:08	5:08	
27	Wed	12:40	4.1	12:58	3.5	7:17	0.4	7:21	0.1	7:08	5:10	
28	Thu	1:40	4.3	2:05	3.4	8:30	0.2	8:35	0.0	7:07	5:11	
29	Fri	2:48	4.4	3:19	3.6	9:36	-0.1	9:41	-0.3	7:06	5:12	
30	Sat	3:57	4.7	4:28	3.9	10:34	-0.5	10:42	-0.6	7:05	5:13	
31	Sun	4:59	5.0	5:28	4.2	11:29	-0.8	11:39	-0.8	7:04	5:14	