US HARBORS www.USHarbors.com

Seaside Park, NJ - Jan 2053

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	3:38	4.7	4:11	4.1	10:20	-0.3	10:24	-0.6	7:17	4:42	
2	Thu	4:40	5.1	5:12	4.3	11:16	-0.6	11:19	-0.8	7:17	4:43	
3	Fri	5:36	5.3	6:07	4.5			12:12	-0.9	7:17	4:44	
4	Sat	6:29	5.5	7:00	4.7	12:15	-1.0	1:05	-1.1	7:17	4:45	
5	Sun	7:20	5.5	7:53	4.7	1:10	-1.0	1:57	-1.2	7:17	4:45	
6	Mon	8:11	5.4	8:47	4.6	2:03	-1.0	2:46	-1.2	7:17	4:46	
7	Tue	9:04	5.1	9:42	4.5	2:53	-0.8	3:33	-1.0	7:17	4:47	
8	Wed	9:57	4.8	10:37	4.4	3:43	-0.6	4:20	-0.8	7:17	4:48	
9	Thu	10:50	4.5	11:30	4.2	4:33	-0.3	5:09	-0.5	7:17	4:49	
10	Fri	11:43	4.1			5:28	0.1	6:02	-0.2	7:17	4:50	
11	Sat	12:22	4.1	12:34	3.8	6:28	0.3	6:57	0.1	7:16	4:51	
12	Sun	1:12	4.0	1:25	3.6	7:31	0.5	7:52	0.2	7:16	4:52	
13	Mon	2:02	3.9	2:18	3.4	8:31	0.5	8:44	0.3	7:16	4:54	
14	Tue	2:55	3.9	3:15	3.3	9:25	0.4	9:33	0.2	7:15	4:55	
15	Wed	3:49	4.0	4:11	3.4	10:14	0.2	10:19	0.2	7:15	4:56	
16	Thu	4:39	4.2	5:02	3.5	11:00	0.1	11:04	0.1	7:15	4:57	
17	Fri	5:25	4.3	5:47	3.6	11:44	-0.1	11:47	0.0	7:14	4:58	
18	Sat	6:06	4.4	6:28	3.7			12:27	-0.2	7:14	4:59	
19	Sun	6:44	4.5	7:06	3.8	12:31	-0.1	1:09	-0.4	7:13	5:00	
20	Mon	7:20	4.5	7:43	3.8	1:13	-0.1	1:49	-0.4	7:13	5:01	
21	Tue	7:55	4.5	8:19	3.8	1:53	-0.2	2:27	-0.5	7:12	5:02	
22	Wed	8:30	4.4	8:56	3.8	2:31	-0.1	3:02	-0.5	7:11	5:04	
23	Thu	9:08	4.3	9:35	3.9	3:08	-0.1	3:36	-0.4	7:11	5:05	
24	Fri	9:50	4.1	10:21	3.9	3:46	0.0	4:12	-0.3	7:10	5:06	
25	Sat	10:39	4.0	11:12	4.0	4:29	0.1	4:53	-0.2	7:09	5:07	
26	Sun	11:35	3.9			5:24	0.2	5:45	-0.2	7:08	5:08	
27	Mon	12:07	4.1	12:33	3.8	6:36	0.3	6:50	-0.1	7:08	5:10	
28	Tue	1:05	4.2	1:35	3.7	7:52	0.2	8:00	-0.2	7:07	5:11	
29	Wed	2:08	4.4	2:43	3.7	9:01	0.0	9:06	-0.3	7:06	5:12	
30	Thu	3:17	4.5	3:53	3.9	10:03	-0.3	10:07	-0.6	7:05	5:13	
31	Fri	4:23	4.8	4:57	4.1	11:00	-0.6	11:05	-0.8	7:04	5:14	