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# Seaside Park, NJ - Jun 2053

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Sun | 8:02 | 4.3 | 8:17 | 5.1 | 2:05 | 0.1 | 2:06 | 0.4 | 5:29 | 8:19 | |
| 2 | Mon | 8:43 | 4.2 | 8:55 | 5.0 | 2:46 | 0.1 | 2:47 | 0.5 | 5:29 | 8:19 | |
| 3 | Tue | 9:24 | 4.1 | 9:33 | 4.8 | 3:26 | 0.1 | 3:26 | 0.6 | 5:28 | 8:20 | |
| 4 | Wed | 10:06 | 4.0 | 10:11 | 4.7 | 4:04 | 0.2 | 4:03 | 0.7 | 5:28 | 8:21 | |
| 5 | Thu | 10:50 | 3.9 | 10:52 | 4.5 | 4:40 | 0.3 | 4:39 | 0.9 | 5:28 | 8:21 | |
| 6 | Fri | 11:36 | 3.9 | 11:35 | 4.3 | 5:17 | 0.4 | 5:17 | 1.1 | 5:27 | 8:22 | |
| 7 | Sat | | | 12:21 | 3.9 | 5:57 | 0.6 | 6:01 | 1.2 | 5:27 | 8:23 | |
| 8 | Sun | 12:21 | 4.2 | 1:06 | 4.0 | 6:42 | 0.6 | 6:59 | 1.3 | 5:27 | 8:23 | |
| 9 | Mon | 1:09 | 4.2 | 1:51 | 4.1 | 7:35 | 0.7 | 8:09 | 1.2 | 5:27 | 8:24 | |
| 10 | Tue | 2:00 | 4.2 | 2:39 | 4.4 | 8:32 | 0.6 | 9:16 | 1.0 | 5:27 | 8:24 | |
| 11 | Wed | 2:55 | 4.2 | 3:33 | 4.6 | 9:28 | 0.4 | 10:17 | 0.7 | 5:27 | 8:25 | |
| 12 | Thu | 3:57 | 4.2 | 4:31 | 5.0 | 10:22 | 0.2 | 11:13 | 0.4 | 5:27 | 8:25 | |
| 13 | Fri | 5:01 | 4.4 | 5:29 | 5.3 | 11:15 | 0.0 | | | 5:27 | 8:26 | |
| 14 | Sat | 6:01 | 4.6 | 6:23 | 5.7 | 12:07 | 0.0 | 12:08 | -0.2 | 5:27 | 8:26 | |
| 15 | Sun | 6:56 | 4.8 | 7:15 | 5.9 | 1:02 | -0.3 | 1:02 | -0.3 | 5:27 | 8:26 | |
| 16 | Mon | 7:49 | 4.9 | 8:06 | 6.0 | 1:56 | -0.5 | 1:57 | -0.4 | 5:27 | 8:27 | |
| 17 | Tue | 8:43 | 5.0 | 8:59 | 5.9 | 2:50 | -0.7 | 2:52 | -0.4 | 5:27 | 8:27 | |
| 18 | Wed | 9:39 | 5.0 | 9:54 | 5.8 | 3:41 | -0.7 | 3:45 | -0.4 | 5:27 | 8:27 | |
| 19 | Thu | 10:38 | 5.0 | 10:52 | 5.5 | 4:31 | -0.7 | 4:38 | -0.2 | 5:27 | 8:28 | |
| 20 | Fri | 11:37 | 4.9 | 11:50 | 5.2 | 5:21 | -0.5 | 5:33 | 0.1 | 5:27 | 8:28 | |
| 21 | Sat | | | 12:34 | 4.9 | 6:15 | -0.3 | 6:32 | 0.4 | 5:28 | 8:28 | |
| 22 | Sun | 12:47 | 4.9 | 1:29 | 4.9 | 7:11 | 0.0 | 7:36 | 0.6 | 5:28 | 8:28 | |
| 23 | Mon | 1:41 | 4.6 | 2:21 | 4.8 | 8:09 | 0.2 | 8:41 | 0.7 | 5:28 | 8:28 | |
| 24 | Tue | 2:34 | 4.4 | 3:14 | 4.8 | 9:05 | 0.3 | 9:41 | 0.7 | 5:28 | 8:29 | |
| 25 | Wed | 3:28 | 4.2 | 4:07 | 4.8 | 9:57 | 0.4 | 10:35 | 0.6 | 5:29 | 8:29 | |
| 26 | Thu | 4:25 | 4.0 | 5:00 | 4.8 | 10:44 | 0.4 | 11:25 | 0.5 | 5:29 | 8:29 | |
| 27 | Fri | 5:20 | 4.0 | 5:48 | 4.9 | 11:29 | 0.5 | | | 5:30 | 8:29 | |
| 28 | Sat | 6:10 | 4.1 | 6:32 | 5.0 | 12:11 | 0.4 | 12:12 | 0.5 | 5:30 | 8:29 | |
| 29 | Sun | 6:56 | 4.1 | 7:13 | 5.1 | 12:55 | 0.3 | 12:56 | 0.5 | 5:30 | 8:29 | |
| 30 | Mon | 7:38 | 4.2 | 7:52 | 5.1 | 1:39 | 0.2 | 1:39 | 0.5 | 5:31 | 8:29 | |