US HARBORS www.USHarbors.com

Seaside Park, NJ - Jul 2053

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	8:19	4.2	8:30	5.0	2:21	0.2	2:21	0.6	5:31	8:28	
2	Wed	8:59	4.2	9:07	4.9	3:02	0.2	3:02	0.6	5:32	8:28	
3	Thu	9:39	4.1	9:43	4.8	3:39	0.2	3:41	0.7	5:32	8:28	
4	Fri	10:19	4.1	10:20	4.6	4:15	0.2	4:17	0.8	5:33	8:28	
5	Sat	10:59	4.1	11:00	4.5	4:50	0.3	4:54	0.9	5:34	8:28	
6	Sun	11:42	4.1	11:45	4.4	5:25	0.4	5:34	1.0	5:34	8:27	
7	Mon			12:26	4.2	6:03	0.5	6:24	1.1	5:35	8:27	
8	Tue	12:34	4.3	1:13	4.4	6:50	0.5	7:30	1.1	5:35	8:27	
9	Wed	1:27	4.2	2:03	4.6	7:46	0.5	8:42	1.0	5:36	8:26	
10	Thu	2:23	4.2	2:58	4.8	8:48	0.4	9:49	0.7	5:37	8:26	
11	Fri	3:26	4.2	3:59	5.1	9:50	0.3	10:50	0.4	5:38	8:25	
12	Sat	4:34	4.3	5:03	5.4	10:49	0.1	11:47	0.0	5:38	8:25	
13	Sun	5:39	4.5	6:03	5.7	11:46	-0.1			5:39	8:25	
14	Mon	6:38	4.8	6:58	5.9	12:42	-0.3	12:43	-0.3	5:40	8:24	
15	Tue	7:33	5.0	7:51	6.0	1:37	-0.5	1:40	-0.4	5:41	8:23	
16	Wed	8:27	5.1	8:44	5.9	2:31	-0.7	2:36	-0.5	5:41	8:23	
17	Thu	9:21	5.2	9:37	5.7	3:22	-0.8	3:30	-0.4	5:42	8:22	
18	Fri	10:17	5.2	10:31	5.5	4:10	-0.7	4:21	-0.2	5:43	8:22	
19	Sat	11:13	5.1	11:26	5.1	4:58	-0.5	5:13	0.0	5:44	8:21	
20	Sun			12:08	5.0	5:46	-0.3	6:07	0.4	5:45	8:20	
21	Mon	12:21	4.8	1:01	4.9	6:38	0.0	7:06	0.6	5:45	8:19	
22	Tue	1:13	4.5	1:51	4.8	7:32	0.3	8:09	0.8	5:46	8:19	
23	Wed	2:04	4.2	2:41	4.7	8:27	0.6	9:10	0.9	5:47	8:18	
24	Thu	2:56	4.0	3:32	4.6	9:21	0.7	10:06	0.8	5:48	8:17	
25	Fri	3:52	3.9	4:26	4.6	10:12	0.7	10:56	0.7	5:49	8:16	
26	Sat	4:49	3.9	5:18	4.7	10:59	0.7	11:43	0.6	5:50	8:15	
27	Sun	5:43	3.9	6:05	4.8	11:45	0.7			5:51	8:14	
28	Mon	6:30	4.1	6:48	4.9	12:27	0.5	12:29	0.6	5:52	8:13	
29	Tue	7:13	4.2	7:28	5.0	1:11	0.3	1:13	0.6	5:52	8:12	
30	Wed	7:53	4.3	8:06	5.0	1:53	0.2	1:57	0.5	5:53	8:11	
31	Thu	8:32	4.3	8:42	5.0	2:34	0.2	2:39	0.5	5:54	8:10	