US HARBORS www.USHarbors.com

Seaside Park, NJ - Aug 2053

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	9:09	4.4	9:17	4.9	3:12	0.1	3:18	0.6	5:55	8:09	
2	Sat	9:45	4.4	9:53	4.7	3:47	0.1	3:56	0.6	5:56	8:08	
3	Sun	10:22	4.4	10:31	4.6	4:21	0.2	4:33	0.7	5:57	8:07	
4	Mon	11:03	4.4	11:16	4.5	4:55	0.3	5:13	0.8	5:58	8:06	
5	Tue	11:49	4.5			5:31	0.3	6:00	0.9	5:59	8:05	
6	Wed	12:08	4.4	12:40	4.7	6:14	0.4	7:03	0.9	6:00	8:04	
7	Thu	1:03	4.3	1:34	4.8	7:11	0.5	8:16	0.9	6:01	8:02	
8	Fri	2:02	4.2	2:33	4.9	8:19	0.5	9:27	0.7	6:02	8:01	
9	Sat	3:06	4.2	3:37	5.1	9:27	0.4	10:31	0.4	6:03	8:00	
10	Sun	4:15	4.3	4:44	5.3	10:31	0.2	11:29	0.1	6:04	7:59	
11	Mon	5:22	4.6	5:47	5.6	11:31	0.0			6:05	7:57	
12	Tue	6:22	4.9	6:43	5.8	12:24	-0.2	12:29	-0.2	6:06	7:56	
13	Wed	7:17	5.2	7:36	5.9	1:17	-0.5	1:25	-0.4	6:06	7:55	
14	Thu	8:09	5.3	8:26	5.8	2:09	-0.6	2:20	-0.4	6:07	7:53	
15	Fri	9:00	5.4	9:16	5.6	2:59	-0.7	3:12	-0.4	6:08	7:52	
16	Sat	9:51	5.4	10:07	5.4	3:45	-0.6	4:01	-0.2	6:09	7:51	
17	Sun	10:43	5.2	10:59	5.0	4:30	-0.4	4:49	0.0	6:10	7:49	
18	Mon	11:35	5.1	11:51	4.7	5:14	-0.1	5:38	0.4	6:11	7:48	
19	Tue			12:27	4.9	6:00	0.3	6:32	0.7	6:12	7:47	
20	Wed	12:43	4.4	1:17	4.7	6:50	0.6	7:31	0.9	6:13	7:45	
21	Thu	1:34	4.1	2:05	4.6	7:45	0.9	8:32	1.0	6:14	7:44	
22	Fri	2:25	3.9	2:56	4.5	8:42	1.0	9:31	1.0	6:15	7:42	
23	Sat	3:19	3.8	3:49	4.5	9:38	1.0	10:24	0.9	6:16	7:41	
24	Sun	4:16	3.8	4:44	4.5	10:30	1.0	11:12	0.8	6:17	7:39	
25	Mon	5:13	4.0	5:35	4.7	11:18	0.9	11:56	0.6	6:18	7:38	
26	Tue	6:02	4.2	6:20	4.8			12:03	0.7	6:19	7:36	
27	Wed	6:46	4.4	7:01	5.0	12:39	0.4	12:48	0.6	6:20	7:35	
28	Thu	7:25	4.5	7:39	5.0	1:21	0.3	1:32	0.5	6:21	7:33	
29	Fri	8:02	4.6	8:15	5.0	2:01	0.2	2:14	0.4	6:22	7:32	
30	Sat	8:37	4.7	8:50	5.0	2:40	0.1	2:56	0.4	6:23	7:30	
31	Sun	9:11	4.8	9:27	4.9	3:17	0.1	3:35	0.4	6:23	7:28	