US HARBORS www.USHarbors.com

Seaside Park, NJ - Jan 2054

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	12:54	4.4	1:08	4.1	7:09	0.2	7:40	-0.2	7:17	4:42	
2	Fri	1:49	4.3	2:04	3.8	8:14	0.2	8:36	-0.1	7:17	4:43	
3	Sat	2:44	4.3	3:03	3.7	9:14	0.2	9:28	-0.1	7:17	4:43	
4	Sun	3:40	4.3	4:01	3.6	10:07	0.1	10:16	-0.1	7:17	4:44	
5	Mon	4:33	4.4	4:54	3.7	10:55	0.0	11:00	-0.1	7:17	4:45	
6	Tue	5:19	4.5	5:41	3.7	11:40	-0.1	11:44	-0.1	7:17	4:46	
7	Wed	6:02	4.6	6:24	3.8			12:24	-0.2	7:17	4:47	
8	Thu	6:41	4.6	7:04	3.8	12:27	-0.1	1:07	-0.3	7:17	4:48	
9	Fri	7:20	4.6	7:44	3.8	1:09	-0.1	1:47	-0.3	7:17	4:49	
10	Sat	7:57	4.5	8:23	3.7	1:49	0.0	2:25	-0.3	7:17	4:50	
11	Sun	8:33	4.3	9:01	3.7	2:28	0.0	3:01	-0.3	7:17	4:51	
12	Mon	9:10	4.2	9:40	3.6	3:04	0.1	3:35	-0.2	7:16	4:52	
13	Tue	9:47	4.0	10:20	3.6	3:39	0.3	4:08	-0.1	7:16	4:53	
14	Wed	10:27	3.8	11:03	3.6	4:15	0.4	4:43	0.0	7:16	4:54	
15	Thu	11:13	3.7	11:48	3.7	4:57	0.6	5:24	0.1	7:15	4:55	
16	Fri			12:03	3.6	5:55	0.6	6:17	0.2	7:15	4:57	
17	Sat	12:36	3.8	12:58	3.5	7:09	0.6	7:20	0.2	7:14	4:58	
18	Sun	1:30	4.0	1:58	3.5	8:21	0.4	8:25	0.0	7:14	4:59	
19	Mon	2:31	4.2	3:06	3.6	9:25	0.1	9:26	-0.2	7:13	5:00	
20	Tue	3:37	4.5	4:13	3.8	10:23	-0.2	10:23	-0.5	7:13	5:01	
21	Wed	4:39	4.8	5:13	4.1	11:18	-0.6	11:19	-0.8	7:12	5:02	
22	Thu	5:35	5.2	6:08	4.4			12:12	-0.9	7:11	5:03	
23	Fri	6:28	5.4	7:00	4.6	12:15	-1.0	1:05	-1.2	7:11	5:05	
24	Sat	7:19	5.5	7:53	4.7	1:11	-1.1	1:56	-1.3	7:10	5:06	
25	Sun	8:11	5.4	8:46	4.8	2:04	-1.2	2:45	-1.4	7:09	5:07	
26	Mon	9:04	5.2	9:41	4.7	2:55	-1.1	3:32	-1.2	7:09	5:08	
27	Tue	9:58	4.8	10:36	4.6	3:46	-0.8	4:20	-1.0	7:08	5:09	
28	Wed	10:53	4.5	11:31	4.4	4:38	-0.5	5:10	-0.7	7:07	5:10	
29	Thu	11:47	4.1			5:35	-0.2	6:04	-0.3	7:06	5:12	
30	Fri	12:25	4.3	12:41	3.8	6:38	0.1	7:03	-0.1	7:05	5:13	
31	Sat	1:17	4.1	1:35	3.6	7:43	0.3	8:01	0.1	7:04	5:14	