US HARBORS www.USHarbors.com

Seven Island, Newmans Thorofare, NJ - Sep 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	2:24	3.5	2:58	4.1	8:35	0.4	9:31	0.5	6:25	7:28	
2	Thu	3:24	3.4	3:58	4.0	9:45	0.5	10:37	0.4	6:26	7:26	
3	Fri	4:27	3.4	5:00	3.9	10:50	0.5	11:35	0.3	6:27	7:25	
4	Sat	5:32	3.4	6:01	4.0	11:48	0.4			6:28	7:23	
5	Sun	6:32	3.6	6:55	4.0	12:27	0.2	12:41	0.3	6:29	7:22	
6	Mon	7:23	3.7	7:43	4.1	1:14	0.1	1:30	0.3	6:30	7:20	
7	Tue	8:08	3.9	8:25	4.1	1:58	0.1	2:16	0.2	6:31	7:18	
8	Wed	8:48	3.9	9:05	4.0	2:40	0.1	3:01	0.2	6:32	7:17	
9	Thu	9:27	4.0	9:44	3.9	3:20	0.1	3:43	0.2	6:33	7:15	
10	Fri	10:05	3.9	10:23	3.8	3:58	0.1	4:23	0.3	6:34	7:14	
11	Sat	10:42	3.8	11:03	3.6	4:33	0.2	5:01	0.4	6:35	7:12	
12	Sun	11:20	3.7	11:44	3.4	5:06	0.4	5:38	0.6	6:36	7:10	
13	Mon	11:59	3.6			5:39	0.5	6:16	0.7	6:36	7:09	
14	Tue	12:29	3.2	12:41	3.5	6:13	0.7	6:59	0.9	6:37	7:07	
15	Wed	1:18	3.1	1:27	3.4	6:51	0.8	7:54	1.0	6:38	7:06	
16	Thu	2:08	3.0	2:16	3.4	7:42	1.0	9:01	1.0	6:39	7:04	
17	Fri	2:59	3.0	3:08	3.5	8:51	1.0	10:06	0.9	6:40	7:02	
18	Sat	3:54	3.0	4:05	3.5	10:02	0.9	11:03	0.7	6:41	7:01	
19	Sun	4:53	3.2	5:06	3.7	11:04	0.7	11:53	0.5	6:42	6:59	
20	Mon	5:52	3.4	6:07	3.9			12:00	0.5	6:43	6:57	
21	Tue	6:45	3.8	7:00	4.1	12:41	0.2	12:52	0.2	6:44	6:56	
22	Wed	7:34	4.1	7:49	4.3	1:27	0.0	1:44	0.0	6:45	6:54	
23	Thu	8:20	4.4	8:37	4.4	2:14	-0.2	2:36	-0.2	6:46	6:52	
24	Fri	9:07	4.6	9:25	4.4	3:01	-0.4	3:28	-0.4	6:47	6:51	
25	Sat	9:55	4.7	10:15	4.3	3:49	-0.4	4:20	-0.4	6:48	6:49	
26	Sun	10:46	4.6	11:10	4.1	4:36	-0.4	5:10	-0.3	6:49	6:48	
27	Mon	11:41	4.5			5:24	-0.2	6:02	-0.1	6:49	6:46	
28	Tue	12:08	3.9	12:40	4.3	6:14	0.0	6:59	0.1	6:50	6:44	
29	Wed	1:10	3.7	1:41	4.2	7:11	0.3	8:03	0.3	6:51	6:43	
30	Thu	2:12	3.5	2:41	4.0	8:18	0.5	9:10	0.4	6:52	6:41	