US HARBORS www.USHarbors.com

Seven Island, Newmans Thorofare, NJ - Nov 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	**3:46**	3.5	**4:06**	3.5	**10:10**	0.6	**10:30**	0.3	6:26	4:55	
2	Tue	**4:41**	3.6	**5:00**	3.4	**11:00**	0.5	**11:13**	0.3	6:27	4:54	
3	Wed	**5:30**	3.7	**5:49**	3.5	**11:46**	0.4	**11:53**	0.2	6:28	4:53	
4	Thu	**6:13**	3.8	**6:33**	3.5			**12:29**	0.3	6:29	4:52	
5	Fri	**6:52**	3.9	**7:13**	3.5	**12:33**	0.2	**1:11**	0.2	6:30	4:51	
6	Sat	**7:29**	4.0	**7:52**	3.5	**1:12**	0.2	**1:53**	0.2	6:31	4:50	
7	Sun	**8:03**	4.0	**8:30**	3.4	**1:51**	0.2	**2:34**	0.2	6:32	4:49	
8	Mon	**8:37**	3.9	**9:08**	3.3	**2:29**	0.3	**3:13**	0.2	6:33	4:48	
9	Tue	**9:09**	3.8	**9:46**	3.2	**3:06**	0.3	**3:51**	0.3	6:35	4:47	
10	Wed	**9:42**	3.7	**10:28**	3.1	**3:42**	0.4	**4:27**	0.3	6:36	4:46	
11	Thu	**10:18**	3.6	**11:14**	3.0	**4:17**	0.5	**5:05**	0.4	6:37	4:45	
12	Fri	**11:02**	3.5			**4:54**	0.6	**5:46**	0.5	6:38	4:44	
13	Sat	**12:05**	3.0	**11:57 AM**	3.5	**5:38**	0.7	**6:37**	0.5	6:39	4:43	
14	Sun	**12:58**	3.1	**12:55**	3.4	**6:39**	0.8	**7:38**	0.5	6:40	4:43	
15	Mon	**1:51**	3.2	**1:54**	3.4	**7:55**	0.7	**8:41**	0.4	6:41	4:42	
16	Tue	**2:46**	3.4	**2:55**	3.5	**9:08**	0.6	**9:40**	0.2	6:42	4:41	
17	Wed	**3:45**	3.7	**4:00**	3.5	**10:12**	0.3	**10:34**	0.0	6:44	4:40	
18	Thu	**4:45**	4.0	**5:05**	3.7	**11:10**	0.0	**11:26**	-0.3	6:45	4:40	
19	Fri	**5:42**	4.3	**6:04**	3.8			**12:06**	-0.3	6:46	4:39	
20	Sat	**6:35**	4.6	**6:58**	3.9	**12:18**	-0.4	**1:00**	-0.5	6:47	4:38	
21	Sun	**7:26**	4.7	**7:51**	3.9	**1:11**	-0.5	**1:55**	-0.6	6:48	4:38	
22	Mon	**8:17**	4.7	**8:44**	3.9	**2:04**	-0.5	**2:48**	-0.7	6:49	4:37	
23	Tue	**9:08**	4.6	**9:38**	3.8	**2:57**	-0.5	**3:39**	-0.6	6:50	4:37	
24	Wed	**10:02**	4.4	**10:35**	3.6	**3:48**	-0.3	**4:28**	-0.5	6:51	4:36	
25	Thu	**10:57**	4.1	**11:34**	3.5	**4:38**	-0.1	**5:18**	-0.3	6:52	4:36	
26	Fri	**11:55**	3.9			**5:31**	0.2	**6:11**	-0.1	6:53	4:35	
27	Sat	**12:33**	3.4	**12:50**	3.6	**6:29**	0.4	**7:07**	0.1	6:54	4:35	
28	Sun	**1:27**	3.3	**1:43**	3.4	**7:34**	0.6	**8:05**	0.3	6:55	4:34	
29	Mon	**2:19**	3.3	**2:35**	3.2	**8:39**	0.7	**9:00**	0.3	6:57	4:34	
30	Tue	**3:11**	3.3	**3:28**	3.1	**9:38**	0.6	**9:50**	0.3	6:58	4:34	