US HARBORS www.USHarbors.com

Seven Island, Newmans Thorofare, NJ - Jul 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	6:03	3.2	6:31	3.8	12:11	0.4	12:08	0.3	5:33	8:28	
2	Sun	6:56	3.3	7:17	3.9	12:58	0.4	12:52	0.4	5:34	8:28	
3	Mon	7:43	3.3	7:59	4.0	1:43	0.3	1:36	0.4	5:34	8:28	
4	Tue	8:27	3.4	8:38	4.0	2:27	0.2	2:20	0.4	5:35	8:28	
5	Wed	9:09	3.4	9:16	4.0	3:10	0.2	3:03	0.4	5:35	8:27	
6	Thu	9:50	3.4	9:52	3.9	3:51	0.1	3:45	0.4	5:36	8:27	
7	Fri	10:31	3.3	10:28	3.8	4:29	0.2	4:25	0.5	5:36	8:27	
8	Sat	11:12	3.3	11:03	3.7	5:05	0.2	5:03	0.5	5:37	8:27	
9	Sun	11:53	3.3	11:40	3.6	5:39	0.3	5:40	0.6	5:38	8:26	
10	Mon			12:35	3.3	6:12	0.3	6:18	0.7	5:38	8:26	
11	Tue	12:21	3.5	1:18	3.3	6:47	0.4	7:03	0.8	5:39	8:26	
12	Wed	1:08	3.4	2:02	3.4	7:28	0.5	8:02	0.8	5:40	8:25	
13	Thu	2:00	3.3	2:49	3.6	8:21	0.5	9:11	0.8	5:40	8:25	
14	Fri	2:54	3.3	3:41	3.8	9:23	0.5	10:20	0.6	5:41	8:24	
15	Sat	3:54	3.3	4:40	3.9	10:26	0.4	11:22	0.4	5:42	8:24	
16	Sun	5:02	3.3	5:43	4.2	11:27	0.2			5:43	8:23	
17	Mon	6:11	3.5	6:44	4.4	12:21	0.1	12:25	0.0	5:43	8:22	
18	Tue	7:13	3.7	7:41	4.6	1:16	-0.1	1:22	-0.1	5:44	8:22	
19	Wed	8:09	3.9	8:34	4.8	2:11	-0.4	2:19	-0.3	5:45	8:21	
20	Thu	9:04	4.0	9:26	4.8	3:05	-0.5	3:16	-0.3	5:46	8:20	
21	Fri	9:58	4.1	10:19	4.7	3:57	-0.6	4:11	-0.3	5:47	8:20	
22	Sat	10:53	4.1	11:13	4.5	4:47	-0.6	5:03	-0.3	5:47	8:19	
23	Sun	11:49	4.1			5:34	-0.6	5:55	-0.1	5:48	8:18	
24	Mon	12:08	4.2	12:45	4.0	6:22	-0.4	6:48	0.2	5:49	8:17	
25	Tue	1:03	4.0	1:39	3.9	7:11	-0.1	7:47	0.4	5:50	8:17	
26	Wed	1:57	3.7	2:31	3.8	8:04	0.1	8:49	0.6	5:51	8:16	
27	Thu	2:49	3.5	3:21	3.7	9:00	0.4	9:52	0.7	5:52	8:15	
28	Fri	3:41	3.3	4:12	3.7	9:56	0.5	10:51	0.7	5:53	8:14	
29	Sat	4:36	3.2	5:06	3.6	10:49	0.6	11:43	0.6	5:53	8:13	
30	Sun	5:33	3.1	6:00	3.7	11:38	0.6			5:54	8:12	
31	Mon	6:28	3.2	6:49	3.8	12:31	0.5	12:25	0.5	5:55	8:11	