

Seven Island, Newmans Thorofare, NJ - Jul 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	1:26	3.3	2:17	3.3	7:42	0.6	8:04	1.0	5:33	8:28	
2	Mon	2:10	3.2	3:00	3.3	8:32	0.6	9:07	1.0	5:33	8:28	
3	Tue	2:56	3.1	3:44	3.4	9:25	0.6	10:09	0.9	5:34	8:28	
4	Wed	3:46	3.1	4:33	3.6	10:19	0.6	11:07	0.7	5:35	8:28	
5	Thu	4:44	3.1	5:27	3.8	11:12	0.5			5:35	8:28	
6	Fri	5:47	3.2	6:21	4.0	12:01	0.5	12:02	0.4	5:36	8:27	
7	Sat	6:46	3.3	7:13	4.2	12:53	0.2	12:53	0.2	5:36	8:27	
8	Sun	7:39	3.5	8:02	4.5	1:44	0.0	1:45	0.1	5:37	8:27	
9	Mon	8:30	3.7	8:51	4.6	2:36	-0.2	2:39	-0.1	5:37	8:26	
10	Tue	9:21	3.8	9:41	4.6	3:27	-0.4	3:33	-0.2	5:38	8:26	
11	Wed	10:13	3.9	10:33	4.6	4:17	-0.5	4:25	-0.2	5:39	8:26	
12	Thu	11:09	3.9	11:28	4.4	5:05	-0.5	5:17	-0.1	5:40	8:25	
13	Fri			12:06	4.0	5:53	-0.5	6:10	0.0	5:40	8:25	
14	Sat	12:25	4.2	1:05	4.0	6:43	-0.4	7:08	0.2	5:41	8:24	
15	Sun	1:23	4.0	2:01	4.0	7:36	-0.2	8:13	0.3	5:42	8:24	
16	Mon	2:19	3.8	2:56	4.0	8:34	0.0	9:20	0.4	5:42	8:23	
17	Tue	3:14	3.6	3:50	3.9	9:34	0.1	10:25	0.4	5:43	8:23	
18	Wed	4:11	3.5	4:46	3.9	10:31	0.2	11:24	0.4	5:44	8:22	
19	Thu	5:11	3.3	5:44	3.9	11:25	0.3			5:45	8:21	
20	Fri	6:11	3.3	6:38	4.0	12:17	0.3	12:15	0.3	5:46	8:21	
21	Sat	7:05	3.4	7:26	4.0	1:07	0.3	1:03	0.3	5:46	8:20	
22	Sun	7:53	3.4	8:09	4.0	1:54	0.2	1:49	0.3	5:47	8:19	
23	Mon	8:38	3.5	8:50	4.0	2:38	0.1	2:34	0.3	5:48	8:18	
24	Tue	9:20	3.5	9:29	4.0	3:21	0.1	3:18	0.4	5:49	8:18	
25	Wed	10:02	3.5	10:07	3.9	4:01	0.1	4:00	0.4	5:50	8:17	
26	Thu	10:43	3.5	10:44	3.7	4:38	0.1	4:39	0.5	5:51	8:16	
27	Fri	11:25	3.4	11:22	3.6	5:13	0.2	5:17	0.5	5:52	8:15	
28	Sat			12:07	3.4	5:47	0.3	5:54	0.7	5:52	8:14	
29	Sun	12:00	3.4	12:49	3.3	6:20	0.4	6:34	0.8	5:53	8:13	
30	Mon	12:41	3.3	1:31	3.4	6:54	0.5	7:20	0.9	5:54	8:12	
31	Tue	1:26	3.2	2:13	3.4	7:35	0.6	8:19	0.9	5:55	8:11	