

Seven Island, Newmans Thorofare, NJ - Aug 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	2:14	3.1	2:58	3.5	8:27	0.7	9:26	0.9	5:56	8:10	
2	Thu	3:06	3.1	3:48	3.6	9:30	0.7	10:32	0.7	5:57	8:09	
3	Fri	4:05	3.1	4:46	3.8	10:33	0.6	11:31	0.5	5:58	8:08	
4	Sat	5:12	3.2	5:49	4.0	11:33	0.4			5:59	8:07	
5	Sun	6:18	3.4	6:48	4.3	12:26	0.2	12:29	0.2	6:00	8:06	
6	Mon	7:17	3.6	7:42	4.5	1:20	0.0	1:25	0.0	6:01	8:05	
7	Tue	8:10	3.9	8:33	4.7	2:12	-0.3	2:21	-0.2	6:01	8:04	
8	Wed	9:02	4.1	9:24	4.7	3:04	-0.5	3:17	-0.3	6:02	8:03	
9	Thu	9:55	4.2	10:16	4.7	3:54	-0.6	4:10	-0.3	6:03	8:01	
10	Fri	10:48	4.3	11:10	4.5	4:43	-0.6	5:02	-0.3	6:04	8:00	
11	Sat	11:44	4.2			5:30	-0.6	5:54	-0.1	6:05	7:59	
12	Sun	12:05	4.3	12:40	4.2	6:18	-0.4	6:49	0.1	6:06	7:58	
13	Mon	1:02	4.0	1:37	4.1	7:09	-0.1	7:50	0.3	6:07	7:56	
14	Tue	1:59	3.8	2:31	4.0	8:05	0.1	8:56	0.5	6:08	7:55	
15	Wed	2:54	3.5	3:25	3.9	9:05	0.3	10:01	0.6	6:09	7:54	
16	Thu	3:50	3.4	4:20	3.8	10:05	0.5	11:01	0.6	6:10	7:52	
17	Fri	4:48	3.3	5:17	3.7	11:01	0.5	11:55	0.5	6:11	7:51	
18	Sat	5:48	3.3	6:13	3.8	11:53	0.5			6:12	7:50	
19	Sun	6:43	3.3	7:03	3.8	12:43	0.4	12:41	0.5	6:13	7:48	
20	Mon	7:31	3.4	7:46	3.9	1:28	0.3	1:26	0.4	6:14	7:47	
21	Tue	8:14	3.6	8:26	3.9	2:10	0.3	2:10	0.4	6:15	7:46	
22	Wed	8:54	3.6	9:04	3.9	2:51	0.2	2:53	0.4	6:15	7:44	
23	Thu	9:33	3.7	9:40	3.9	3:30	0.2	3:35	0.4	6:16	7:43	
24	Fri	10:10	3.7	10:14	3.8	4:07	0.2	4:15	0.4	6:17	7:41	
25	Sat	10:47	3.6	10:48	3.6	4:41	0.2	4:52	0.5	6:18	7:40	
26	Sun	11:24	3.6	11:23	3.5	5:13	0.3	5:28	0.5	6:19	7:38	
27	Mon			12:01	3.5	5:43	0.4	6:05	0.7	6:20	7:37	
28	Tue	12:02	3.4	12:42	3.5	6:14	0.5	6:46	0.8	6:21	7:35	
29	Wed	12:48	3.2	1:28	3.6	6:50	0.6	7:40	0.8	6:22	7:34	
30	Thu	1:41	3.2	2:18	3.6	7:39	0.7	8:49	0.9	6:23	7:32	
31	Fri	2:38	3.1	3:14	3.7	8:49	0.8	10:01	0.7	6:24	7:31	