

Seven Island, Newmans Thorofare, NJ - Oct 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	4:30	3.4	5:00	4.0	10:56	0.5	11:39	0.2	6:53	6:41	
2	Tue	5:37	3.7	6:05	4.2	11:58	0.2			6:54	6:39	
3	Wed	6:38	4.0	7:03	4.4	12:32	-0.1	12:54	0.0	6:55	6:37	
4	Thu	7:33	4.4	7:56	4.5	1:24	-0.3	1:49	-0.3	6:55	6:36	
5	Fri	8:23	4.6	8:47	4.5	2:14	-0.5	2:44	-0.4	6:56	6:34	
6	Sat	9:12	4.7	9:36	4.5	3:03	-0.5	3:36	-0.4	6:57	6:33	
7	Sun	10:01	4.7	10:27	4.3	3:52	-0.5	4:27	-0.4	6:58	6:31	
8	Mon	10:50	4.5	11:19	4.0	4:38	-0.3	5:15	-0.2	6:59	6:30	
9	Tue	11:42	4.3			5:24	-0.1	6:04	0.0	7:00	6:28	
10	Wed	12:14	3.8	12:36	4.0	6:10	0.2	6:56	0.3	7:01	6:26	
11	Thu	1:11	3.5	1:31	3.8	6:59	0.5	7:54	0.6	7:02	6:25	
12	Fri	2:07	3.4	2:24	3.6	7:56	0.8	8:57	0.7	7:03	6:23	
13	Sat	3:01	3.3	3:17	3.5	9:00	0.9	9:58	0.7	7:04	6:22	
14	Sun	3:54	3.2	4:10	3.4	10:03	1.0	10:52	0.7	7:05	6:20	
15	Mon	4:49	3.3	5:05	3.4	11:00	0.9	11:39	0.6	7:06	6:19	
16	Tue	5:43	3.4	5:59	3.5	11:50	0.7			7:07	6:17	
17	Wed	6:33	3.5	6:47	3.6	12:22	0.5	12:35	0.6	7:09	6:16	
18	Thu	7:16	3.7	7:29	3.6	1:02	0.4	1:19	0.4	7:10	6:15	
19	Fri	7:55	3.9	8:08	3.7	1:41	0.3	2:02	0.3	7:11	6:13	
20	Sat	8:32	4.0	8:44	3.7	2:19	0.2	2:44	0.2	7:12	6:12	
21	Sun	9:06	4.0	9:19	3.6	2:58	0.2	3:26	0.2	7:13	6:10	
22	Mon	9:39	4.0	9:54	3.6	3:35	0.2	4:06	0.2	7:14	6:09	
23	Tue	10:12	4.0	10:31	3.5	4:11	0.3	4:46	0.2	7:15	6:08	
24	Wed	10:50	4.0	11:14	3.3	4:46	0.3	5:26	0.3	7:16	6:06	
25	Thu	11:34	3.9			5:23	0.4	6:09	0.3	7:17	6:05	
26	Fri	12:06	3.3	12:29	3.8	6:04	0.5	7:00	0.4	7:18	6:04	
27	Sat	1:07	3.2	1:31	3.8	6:58	0.6	8:03	0.5	7:19	6:02	
28	Sun	1:10	3.3	1:33	3.8	7:11	0.7	8:12	0.4	6:20	5:01	
29	Mon	2:12	3.4	2:36	3.8	8:31	0.6	9:17	0.3	6:21	5:00	
30	Tue	3:15	3.6	3:40	3.9	9:42	0.4	10:16	0.0	6:22	4:59	
31	Wed	4:19	3.8	4:44	4.0	10:44	0.2	11:09	-0.2	6:24	4:57	