

Seven Island, Newmans Thorofare, NJ - Nov 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	5:19	4.1	5:44	4.1	11:40	-0.1	11:59	-0.4	6:25	4:56	
2	Fri	6:14	4.4	6:37	4.2			12:34	-0.3	6:26	4:55	
3	Sat	7:03	4.6	7:27	4.2	12:49	-0.5	1:27	-0.4	6:27	4:54	
4	Sun	7:51	4.6	8:16	4.1	1:38	-0.5	2:18	-0.4	6:28	4:53	
5	Mon	8:37	4.6	9:05	4.0	2:26	-0.4	3:08	-0.4	6:29	4:52	
6	Tue	9:24	4.4	9:56	3.7	3:13	-0.2	3:55	-0.2	6:30	4:51	
7	Wed	10:12	4.1	10:48	3.5	3:57	0.0	4:41	0.0	6:31	4:50	
8	Thu	11:03	3.9	11:43	3.3	4:41	0.2	5:27	0.2	6:33	4:49	
9	Fri	11:55	3.6			5:26	0.5	6:18	0.4	6:34	4:48	
10	Sat	12:37	3.2	12:48	3.4	6:17	0.8	7:14	0.6	6:35	4:47	
11	Sun	1:30	3.1	1:39	3.3	7:18	0.9	8:12	0.7	6:36	4:46	
12	Mon	2:20	3.1	2:29	3.2	8:22	1.0	9:07	0.6	6:37	4:45	
13	Tue	3:12	3.2	3:21	3.2	9:23	0.9	9:57	0.6	6:38	4:44	
14	Wed	4:04	3.3	4:15	3.2	10:16	0.7	10:41	0.4	6:39	4:43	
15	Thu	4:55	3.4	5:07	3.2	11:04	0.6	11:23	0.3	6:41	4:42	
16	Fri	5:41	3.6	5:54	3.3	11:50	0.4			6:42	4:42	
17	Sat	6:22	3.8	6:37	3.4	12:03	0.2	12:34	0.2	6:43	4:41	
18	Sun	7:00	3.9	7:16	3.4	12:44	0.1	1:18	0.1	6:44	4:40	
19	Mon	7:36	4.0	7:54	3.5	1:24	0.1	2:02	0.0	6:45	4:39	
20	Tue	8:12	4.1	8:33	3.4	2:05	0.1	2:46	-0.1	6:46	4:39	
21	Wed	8:50	4.1	9:15	3.4	2:46	0.1	3:29	-0.1	6:47	4:38	
22	Thu	9:32	4.1	10:02	3.3	3:28	0.1	4:12	-0.1	6:48	4:38	
23	Fri	10:20	4.0	10:57	3.3	4:10	0.1	4:57	-0.1	6:49	4:37	
24	Sat	11:16	3.9	11:58	3.3	4:57	0.2	5:47	0.0	6:50	4:36	
25	Sun			12:18	3.8	5:52	0.4	6:45	0.1	6:52	4:36	
26	Mon	12:59	3.3	1:19	3.7	7:02	0.4	7:49	0.1	6:53	4:36	
27	Tue	1:59	3.4	2:19	3.6	8:17	0.4	8:52	0.0	6:54	4:35	
28	Wed	2:58	3.6	3:20	3.6	9:27	0.3	9:51	-0.1	6:55	4:35	
29	Thu	3:59	3.8	4:23	3.6	10:30	0.1	10:46	-0.3	6:56	4:34	
30	Fri	5:00	4.0	5:24	3.6	11:26	-0.1	11:37	-0.4	6:57	4:34	