

Seven Island, Newmans Thorofare, NJ - Jan 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	7:14	3.9	7:41	3.3	12:54	-0.3	1:44	-0.4	7:17	4:43	
2	Wed	7:58	3.9	8:26	3.3	1:42	-0.3	2:30	-0.4	7:17	4:44	
3	Thu	8:39	3.8	9:10	3.2	2:27	-0.2	3:12	-0.4	7:17	4:45	
4	Fri	9:21	3.7	9:55	3.1	3:10	-0.1	3:52	-0.3	7:17	4:46	
5	Sat	10:02	3.5	10:41	3.0	3:50	0.0	4:30	-0.2	7:18	4:47	
6	Sun	10:45	3.3	11:28	2.9	4:29	0.1	5:07	-0.1	7:17	4:48	
7	Mon	11:29	3.1			5:09	0.3	5:45	0.1	7:17	4:48	
8	Tue	12:15	2.9	12:14	2.9	5:52	0.4	6:27	0.2	7:17	4:49	
9	Wed	1:00	2.8	12:59	2.8	6:43	0.6	7:15	0.3	7:17	4:50	
10	Thu	1:45	2.9	1:45	2.7	7:46	0.6	8:10	0.4	7:17	4:51	
11	Fri	2:30	2.9	2:35	2.6	8:51	0.6	9:06	0.3	7:17	4:52	
12	Sat	3:19	3.0	3:31	2.6	9:51	0.5	9:59	0.2	7:17	4:53	
13	Sun	4:13	3.1	4:32	2.7	10:46	0.3	10:50	0.1	7:16	4:54	
14	Mon	5:08	3.4	5:31	2.8	11:37	0.0	11:39	-0.1	7:16	4:55	
15	Tue	5:59	3.6	6:23	3.0			12:27	-0.2	7:16	4:57	
16	Wed	6:46	3.9	7:11	3.2	12:28	-0.2	1:16	-0.5	7:15	4:58	
17	Thu	7:32	4.1	7:58	3.3	1:18	-0.4	2:05	-0.7	7:15	4:59	
18	Fri	8:18	4.2	8:46	3.4	2:09	-0.6	2:53	-0.8	7:14	5:00	
19	Sat	9:07	4.2	9:36	3.5	3:00	-0.6	3:39	-0.9	7:14	5:01	
20	Sun	9:58	4.1	10:30	3.5	3:49	-0.6	4:25	-0.9	7:13	5:02	
21	Mon	10:52	3.9	11:27	3.5	4:39	-0.6	5:12	-0.8	7:13	5:03	
22	Tue	11:49	3.7			5:33	-0.4	6:03	-0.6	7:12	5:04	
23	Wed	12:25	3.5	12:46	3.5	6:33	-0.2	6:59	-0.4	7:12	5:05	
24	Thu	1:21	3.5	1:43	3.3	7:41	0.0	8:00	-0.3	7:11	5:07	
25	Fri	2:18	3.4	2:41	3.1	8:50	0.0	9:03	-0.2	7:10	5:08	
26	Sat	3:16	3.4	3:42	2.9	9:56	0.0	10:02	-0.2	7:10	5:09	
27	Sun	4:17	3.4	4:46	2.9	10:54	-0.1	10:57	-0.2	7:09	5:10	
28	Mon	5:17	3.4	5:45	3.0	11:47	-0.2	11:47	-0.2	7:08	5:11	
29	Tue	6:10	3.5	6:37	3.0			12:36	-0.3	7:07	5:12	
30	Wed	6:57	3.6	7:23	3.1	12:35	-0.2	1:23	-0.3	7:07	5:14	
31	Thu	7:39	3.6	8:06	3.2	1:22	-0.2	2:07	-0.4	7:06	5:15	