

## Seven Island, Newmans Thorofare, NJ - Mar 1980

| Date |     | High  |     |       |     | Low   |      |       |      |  |      |    |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|-------------------------------------------------------------------------------------|------|---------------------------------------------------------------------------------------|
|      |     | AM    | ft  | PM    | ft  | AM    | ft   | PM    | ft   | Rise                                                                                | Set  | Moon                                                                                  |
| 1    | Sat | 7:56  | 3.5 | 8:21  | 3.4 | 1:44  | -0.2 | 2:18  | -0.3 | 6:29                                                                                | 5:49 |    |
| 2    | Sun | 8:33  | 3.5 | 8:58  | 3.4 | 2:25  | -0.2 | 2:54  | -0.3 | 6:28                                                                                | 5:50 |    |
| 3    | Mon | 9:08  | 3.4 | 9:34  | 3.3 | 3:04  | -0.2 | 3:29  | -0.2 | 6:26                                                                                | 5:51 |    |
| 4    | Tue | 9:43  | 3.3 | 10:09 | 3.3 | 3:41  | -0.1 | 4:01  | -0.1 | 6:25                                                                                | 5:52 |    |
| 5    | Wed | 10:17 | 3.1 | 10:44 | 3.2 | 4:17  | 0.0  | 4:31  | 0.0  | 6:23                                                                                | 5:54 |    |
| 6    | Thu | 10:53 | 3.0 | 11:21 | 3.1 | 4:51  | 0.1  | 5:00  | 0.1  | 6:22                                                                                | 5:55 |    |
| 7    | Fri | 11:33 | 2.8 |       |     | 5:28  | 0.2  | 5:31  | 0.3  | 6:20                                                                                | 5:56 |    |
| 8    | Sat | 12:02 | 3.1 | 12:20 | 2.7 | 6:12  | 0.4  | 6:10  | 0.4  | 6:18                                                                                | 5:57 |    |
| 9    | Sun | 12:49 | 3.1 | 1:13  | 2.7 | 7:13  | 0.5  | 7:10  | 0.5  | 6:17                                                                                | 5:58 |    |
| 10   | Mon | 1:43  | 3.1 | 2:12  | 2.7 | 8:27  | 0.5  | 8:30  | 0.5  | 6:15                                                                                | 5:59 |    |
| 11   | Tue | 2:43  | 3.2 | 3:17  | 2.8 | 9:36  | 0.3  | 9:44  | 0.3  | 6:14                                                                                | 6:00 |   |
| 12   | Wed | 3:51  | 3.4 | 4:27  | 2.9 | 10:37 | 0.1  | 10:48 | 0.1  | 6:12                                                                                | 6:01 |  |
| 13   | Thu | 4:59  | 3.6 | 5:32  | 3.3 | 11:32 | -0.2 | 11:46 | -0.2 | 6:11                                                                                | 6:02 |  |
| 14   | Fri | 5:59  | 3.9 | 6:27  | 3.6 |       |      | 12:24 | -0.5 | 6:09                                                                                | 6:03 |  |
| 15   | Sat | 6:53  | 4.1 | 7:18  | 3.9 | 12:41 | -0.5 | 1:15  | -0.7 | 6:07                                                                                | 6:04 |  |
| 16   | Sun | 7:43  | 4.3 | 8:08  | 4.1 | 1:36  | -0.7 | 2:04  | -0.9 | 6:06                                                                                | 6:05 |  |
| 17   | Mon | 8:33  | 4.3 | 8:57  | 4.3 | 2:29  | -0.9 | 2:53  | -1.0 | 6:04                                                                                | 6:06 |  |
| 18   | Tue | 9:24  | 4.2 | 9:48  | 4.2 | 3:21  | -0.9 | 3:40  | -0.9 | 6:03                                                                                | 6:07 |  |
| 19   | Wed | 10:16 | 4.0 | 10:41 | 4.1 | 4:11  | -0.8 | 4:26  | -0.8 | 6:01                                                                                | 6:08 |  |
| 20   | Thu | 11:11 | 3.7 | 11:36 | 3.9 | 5:01  | -0.6 | 5:13  | -0.5 | 5:59                                                                                | 6:09 |  |
| 21   | Fri |       |     | 12:08 | 3.5 | 5:54  | -0.3 | 6:05  | -0.2 | 5:58                                                                                | 6:10 |  |
| 22   | Sat | 12:32 | 3.7 | 1:05  | 3.2 | 6:54  | 0.0  | 7:03  | 0.2  | 5:56                                                                                | 6:11 |  |
| 23   | Sun | 1:28  | 3.5 | 2:02  | 3.1 | 8:00  | 0.2  | 8:08  | 0.4  | 5:55                                                                                | 6:12 |  |
| 24   | Mon | 2:24  | 3.3 | 3:00  | 3.0 | 9:06  | 0.3  | 9:14  | 0.5  | 5:53                                                                                | 6:13 |  |
| 25   | Tue | 3:22  | 3.2 | 4:00  | 2.9 | 10:06 | 0.3  | 10:13 | 0.4  | 5:51                                                                                | 6:14 |  |
| 26   | Wed | 4:22  | 3.2 | 4:58  | 3.0 | 10:57 | 0.2  | 11:05 | 0.4  | 5:50                                                                                | 6:15 |  |
| 27   | Thu | 5:20  | 3.2 | 5:50  | 3.2 | 11:43 | 0.1  | 11:52 | 0.2  | 5:48                                                                                | 6:16 |  |
| 28   | Fri | 6:08  | 3.3 | 6:35  | 3.4 |       |      | 12:24 | 0.1  | 5:47                                                                                | 6:17 |  |
| 29   | Sat | 6:51  | 3.4 | 7:15  | 3.5 | 12:36 | 0.1  | 1:04  | 0.0  | 5:45                                                                                | 6:18 |  |
| 30   | Sun | 7:29  | 3.5 | 7:52  | 3.6 | 1:19  | 0.0  | 1:43  | -0.1 | 5:43                                                                                | 6:19 |  |
| 31   | Mon | 8:06  | 3.5 | 8:27  | 3.7 | 2:01  | -0.1 | 2:21  | -0.1 | 5:42                                                                                | 6:20 |  |