

Seven Island, Newmans Thorofare, NJ - Jul 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	11:22	3.5	11:36	4.2	5:22	-0.2	5:26	0.2	5:33	8:28	
2	Wed			12:17	3.6	6:06	-0.2	6:17	0.3	5:34	8:28	
3	Thu	12:32	4.0	1:14	3.7	6:54	-0.1	7:15	0.4	5:34	8:28	
4	Fri	1:30	3.9	2:10	3.8	7:49	0.0	8:22	0.5	5:35	8:28	
5	Sat	2:27	3.8	3:05	3.9	8:48	0.0	9:32	0.5	5:36	8:27	
6	Sun	3:24	3.7	4:02	4.0	9:49	0.0	10:39	0.4	5:36	8:27	
7	Mon	4:25	3.5	5:02	4.1	10:47	0.0	11:40	0.2	5:37	8:27	
8	Tue	5:28	3.5	6:02	4.2	11:43	0.0			5:37	8:26	
9	Wed	6:31	3.5	6:58	4.3	12:36	0.1	12:36	0.0	5:38	8:26	
10	Thu	7:27	3.6	7:49	4.3	1:29	0.0	1:28	0.0	5:39	8:26	
11	Fri	8:18	3.6	8:36	4.3	2:20	-0.1	2:19	0.0	5:39	8:25	
12	Sat	9:07	3.7	9:21	4.3	3:10	-0.1	3:08	0.1	5:40	8:25	
13	Sun	9:54	3.6	10:05	4.1	3:56	-0.1	3:55	0.2	5:41	8:24	
14	Mon	10:41	3.6	10:49	4.0	4:38	-0.1	4:38	0.3	5:42	8:24	
15	Tue	11:28	3.5	11:33	3.8	5:18	0.0	5:20	0.4	5:42	8:23	
16	Wed			12:16	3.4	5:56	0.2	6:01	0.6	5:43	8:23	
17	Thu	12:18	3.6	1:03	3.4	6:34	0.3	6:44	0.8	5:44	8:22	
18	Fri	1:04	3.4	1:49	3.4	7:14	0.5	7:34	0.9	5:45	8:21	
19	Sat	1:49	3.2	2:33	3.4	7:59	0.6	8:31	1.0	5:45	8:21	
20	Sun	2:34	3.1	3:16	3.4	8:49	0.7	9:33	1.0	5:46	8:20	
21	Mon	3:21	3.0	4:02	3.4	9:43	0.7	10:32	0.9	5:47	8:19	
22	Tue	4:12	3.0	4:52	3.5	10:36	0.7	11:27	0.7	5:48	8:19	
23	Wed	5:11	3.0	5:46	3.7	11:27	0.6			5:49	8:18	
24	Thu	6:10	3.1	6:37	3.9	12:18	0.5	12:17	0.5	5:50	8:17	
25	Fri	7:04	3.2	7:25	4.1	1:06	0.3	1:05	0.4	5:50	8:16	
26	Sat	7:52	3.4	8:10	4.3	1:55	0.1	1:55	0.2	5:51	8:15	
27	Sun	8:38	3.6	8:55	4.4	2:43	-0.1	2:45	0.1	5:52	8:14	
28	Mon	9:24	3.7	9:41	4.5	3:30	-0.2	3:36	0.0	5:53	8:13	
29	Tue	10:12	3.8	10:30	4.4	4:16	-0.4	4:25	-0.1	5:54	8:13	
30	Wed	11:03	3.9	11:22	4.3	5:01	-0.4	5:15	0.0	5:55	8:12	
31	Thu	11:58	4.0			5:46	-0.4	6:06	0.1	5:56	8:11	