

Seven Island, Newmans Thorofare, NJ - Aug 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	12:17	4.1	12:54	4.0	6:33	-0.3	7:02	0.2	5:57	8:10	
2	Sat	1:15	3.9	1:51	4.0	7:25	-0.1	8:06	0.4	5:58	8:08	
3	Sun	2:12	3.8	2:47	4.0	8:24	0.1	9:16	0.4	5:58	8:07	
4	Mon	3:09	3.6	3:43	4.0	9:26	0.2	10:23	0.4	5:59	8:06	
5	Tue	4:09	3.5	4:42	4.0	10:28	0.2	11:24	0.3	6:00	8:05	
6	Wed	5:12	3.4	5:44	4.0	11:26	0.2			6:01	8:04	
7	Thu	6:15	3.4	6:41	4.1	12:20	0.2	12:20	0.2	6:02	8:03	
8	Fri	7:11	3.5	7:32	4.1	1:11	0.1	1:11	0.2	6:03	8:02	
9	Sat	8:01	3.6	8:17	4.1	2:00	0.1	1:59	0.2	6:04	8:00	
10	Sun	8:46	3.7	9:00	4.1	2:46	0.0	2:47	0.2	6:05	7:59	
11	Mon	9:30	3.7	9:40	4.0	3:29	0.0	3:31	0.3	6:06	7:58	
12	Tue	10:12	3.7	10:20	3.9	4:09	0.0	4:14	0.3	6:07	7:57	
13	Wed	10:54	3.6	11:00	3.7	4:46	0.1	4:53	0.4	6:08	7:55	
14	Thu	11:36	3.6	11:40	3.6	5:21	0.2	5:32	0.5	6:09	7:54	
15	Fri			12:19	3.5	5:55	0.4	6:10	0.7	6:10	7:53	
16	Sat	12:22	3.4	1:03	3.4	6:28	0.5	6:52	0.8	6:11	7:51	
17	Sun	1:06	3.2	1:46	3.4	7:05	0.7	7:43	1.0	6:12	7:50	
18	Mon	1:52	3.1	2:29	3.4	7:49	0.8	8:45	1.0	6:12	7:49	
19	Tue	2:39	3.0	3:14	3.5	8:46	0.9	9:50	1.0	6:13	7:47	
20	Wed	3:31	3.0	4:05	3.5	9:50	0.9	10:51	0.8	6:14	7:46	
21	Thu	4:30	3.0	5:03	3.7	10:51	0.8	11:46	0.6	6:15	7:44	
22	Fri	5:34	3.1	6:02	3.9	11:47	0.6			6:16	7:43	
23	Sat	6:33	3.3	6:57	4.1	12:37	0.3	12:40	0.4	6:17	7:42	
24	Sun	7:26	3.6	7:47	4.4	1:26	0.1	1:32	0.2	6:18	7:40	
25	Mon	8:14	3.9	8:34	4.5	2:15	-0.1	2:25	0.0	6:19	7:39	
26	Tue	9:02	4.1	9:22	4.6	3:03	-0.3	3:18	-0.2	6:20	7:37	
27	Wed	9:50	4.3	10:12	4.5	3:51	-0.5	4:10	-0.3	6:21	7:36	
28	Thu	10:41	4.3	11:04	4.4	4:37	-0.5	5:00	-0.2	6:22	7:34	
29	Fri	11:35	4.3	11:59	4.2	5:23	-0.4	5:51	-0.1	6:23	7:33	
30	Sat			12:31	4.3	6:10	-0.3	6:46	0.1	6:24	7:31	
31	Sun	12:58	3.9	1:29	4.2	7:01	0.0	7:49	0.3	6:25	7:29	