

Seven Island, Newmans Thorofare, NJ - Nov 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	3:10	3.3	3:25	3.4	9:23	0.8	10:04	0.5	6:26	4:55	
2	Sun	4:05	3.4	4:21	3.4	10:18	0.7	10:50	0.4	6:27	4:54	
3	Mon	4:58	3.5	5:13	3.4	11:07	0.6	11:31	0.3	6:28	4:53	
4	Tue	5:45	3.7	6:00	3.5	11:51	0.4			6:29	4:52	
5	Wed	6:27	3.8	6:41	3.5	12:10	0.2	12:34	0.3	6:30	4:51	
6	Thu	7:05	3.9	7:20	3.5	12:48	0.2	1:16	0.2	6:31	4:50	
7	Fri	7:41	4.0	7:57	3.5	1:27	0.2	1:58	0.2	6:32	4:49	
8	Sat	8:15	4.0	8:32	3.4	2:05	0.2	2:39	0.1	6:33	4:48	
9	Sun	8:48	3.9	9:08	3.3	2:42	0.3	3:18	0.1	6:35	4:47	
10	Mon	9:21	3.8	9:44	3.2	3:17	0.4	3:56	0.2	6:36	4:46	
11	Tue	9:55	3.8	10:25	3.1	3:51	0.5	4:34	0.3	6:37	4:45	
12	Wed	10:36	3.7	11:15	3.0	4:25	0.5	5:14	0.4	6:38	4:44	
13	Thu	11:28	3.6			5:04	0.6	6:02	0.4	6:39	4:43	
14	Fri	12:12	3.0	12:27	3.6	5:54	0.7	7:01	0.5	6:40	4:43	
15	Sat	1:11	3.1	1:28	3.6	7:07	0.8	8:07	0.4	6:41	4:42	
16	Sun	2:09	3.2	2:28	3.6	8:28	0.7	9:10	0.2	6:42	4:41	
17	Mon	3:09	3.5	3:32	3.6	9:39	0.4	10:07	0.0	6:44	4:40	
18	Tue	4:11	3.7	4:37	3.7	10:41	0.1	11:00	-0.3	6:45	4:40	
19	Wed	5:12	4.1	5:37	3.9	11:38	-0.1	11:51	-0.4	6:46	4:39	
20	Thu	6:07	4.4	6:33	4.0			12:32	-0.4	6:47	4:38	
21	Fri	6:58	4.6	7:25	4.0	12:42	-0.6	1:26	-0.5	6:48	4:38	
22	Sat	7:48	4.7	8:16	4.0	1:34	-0.6	2:20	-0.6	6:49	4:37	
23	Sun	8:37	4.6	9:08	3.9	2:25	-0.6	3:11	-0.6	6:50	4:37	
24	Mon	9:27	4.4	10:02	3.7	3:15	-0.4	4:01	-0.5	6:51	4:36	
25	Tue	10:19	4.2	10:58	3.5	4:03	-0.2	4:49	-0.3	6:52	4:36	
26	Wed	11:14	3.9	11:56	3.3	4:51	0.0	5:39	-0.1	6:53	4:35	
27	Thu			12:09	3.6	5:42	0.3	6:33	0.2	6:54	4:35	
28	Fri	12:52	3.2	1:03	3.4	6:39	0.6	7:31	0.3	6:56	4:34	
29	Sat	1:45	3.2	1:55	3.2	7:42	0.7	8:29	0.4	6:57	4:34	
30	Sun	2:36	3.2	2:46	3.1	8:46	0.8	9:21	0.4	6:58	4:34	