

Seven Island, Newmans Thorofare, NJ - Jan 1983

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	9:28	4.3	10:07	3.5	3:16	-0.6	4:05	-0.8	7:17	4:43	
2	Sun	10:23	4.1	11:05	3.5	4:08	-0.6	4:55	-0.7	7:17	4:44	
3	Mon	11:21	3.9			5:01	-0.4	5:46	-0.6	7:17	4:45	
4	Tue	12:04	3.4	12:18	3.6	5:57	-0.1	6:40	-0.4	7:17	4:46	
5	Wed	1:01	3.4	1:13	3.4	6:59	0.1	7:38	-0.2	7:18	4:47	
6	Thu	1:55	3.4	2:07	3.1	8:06	0.2	8:35	-0.1	7:17	4:48	
7	Fri	2:47	3.3	3:01	2.9	9:10	0.3	9:30	0.0	7:17	4:49	
8	Sat	3:41	3.3	3:58	2.8	10:09	0.2	10:20	0.0	7:17	4:50	
9	Sun	4:36	3.3	4:56	2.7	11:02	0.2	11:07	0.1	7:17	4:51	
10	Mon	5:28	3.4	5:50	2.7	11:50	0.1	11:51	0.1	7:17	4:52	
11	Tue	6:14	3.5	6:37	2.8			12:35	0.0	7:17	4:53	
12	Wed	6:57	3.5	7:20	2.9	12:34	0.1	1:19	-0.1	7:17	4:54	
13	Thu	7:36	3.6	8:00	2.9	1:17	0.0	2:02	-0.2	7:16	4:55	
14	Fri	8:14	3.6	8:39	2.9	2:00	0.0	2:42	-0.2	7:16	4:56	
15	Sat	8:51	3.5	9:18	2.9	2:41	0.0	3:21	-0.2	7:16	4:57	
16	Sun	9:27	3.4	9:56	2.8	3:19	0.1	3:56	-0.2	7:15	4:58	
17	Mon	10:02	3.3	10:34	2.8	3:55	0.1	4:30	-0.1	7:15	4:59	
18	Tue	10:39	3.2	11:13	2.8	4:30	0.2	5:03	-0.1	7:14	5:00	
19	Wed	11:19	3.1	11:56	2.8	5:06	0.3	5:37	0.0	7:14	5:01	
20	Thu			12:06	3.0	5:48	0.4	6:17	0.1	7:13	5:02	
21	Fri	12:41	2.9	12:57	2.9	6:44	0.5	7:07	0.1	7:13	5:04	
22	Sat	1:31	3.0	1:52	2.8	8:00	0.5	8:09	0.1	7:12	5:05	
23	Sun	2:25	3.2	2:53	2.7	9:15	0.3	9:15	0.0	7:12	5:06	
24	Mon	3:26	3.4	4:02	2.8	10:22	0.1	10:18	-0.1	7:11	5:07	
25	Tue	4:34	3.6	5:12	2.9	11:22	-0.2	11:18	-0.3	7:10	5:08	
26	Wed	5:39	3.8	6:14	3.1			12:18	-0.4	7:09	5:09	
27	Thu	6:36	4.1	7:10	3.3	12:16	-0.5	1:13	-0.7	7:09	5:10	
28	Fri	7:30	4.2	8:03	3.5	1:13	-0.7	2:07	-0.9	7:08	5:12	
29	Sat	8:22	4.3	8:56	3.6	2:09	-0.8	2:57	-1.0	7:07	5:13	
30	Sun	9:13	4.2	9:48	3.7	3:03	-0.8	3:45	-1.0	7:06	5:14	
31	Mon	10:05	4.0	10:42	3.6	3:54	-0.8	4:32	-0.9	7:05	5:15	