

Seven Island, Newmans Thorofare, NJ - Mar 1983

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	9:43	3.9	10:15	3.8	3:36	-0.7	4:04	-0.8	6:30	5:48	
2	Wed	10:32	3.7	11:04	3.7	4:23	-0.6	4:46	-0.6	6:29	5:50	
3	Thu	11:22	3.4	11:54	3.5	5:09	-0.3	5:28	-0.3	6:27	5:51	
4	Fri			12:13	3.1	5:58	0.0	6:13	0.0	6:26	5:52	
5	Sat	12:43	3.4	1:05	2.9	6:52	0.2	7:04	0.3	6:24	5:53	
6	Sun	1:33	3.2	1:56	2.7	7:54	0.4	8:03	0.5	6:23	5:54	
7	Mon	2:23	3.1	2:50	2.5	8:58	0.5	9:06	0.6	6:21	5:55	
8	Tue	3:18	3.0	3:50	2.5	9:58	0.5	10:05	0.6	6:20	5:56	
9	Wed	4:17	3.0	4:52	2.6	10:51	0.4	10:58	0.5	6:18	5:57	
10	Thu	5:16	3.1	5:46	2.7	11:38	0.2	11:46	0.3	6:16	5:58	
11	Fri	6:06	3.2	6:32	2.9			12:21	0.1	6:15	5:59	
12	Sat	6:49	3.4	7:12	3.1	12:31	0.2	1:03	0.0	6:13	6:00	
13	Sun	7:27	3.5	7:48	3.3	1:15	0.1	1:43	-0.2	6:12	6:01	
14	Mon	8:03	3.5	8:22	3.4	1:57	0.0	2:21	-0.2	6:10	6:02	
15	Tue	8:38	3.5	8:55	3.5	2:38	-0.1	2:57	-0.3	6:09	6:03	
16	Wed	9:13	3.5	9:28	3.5	3:17	-0.1	3:31	-0.2	6:07	6:04	
17	Thu	9:50	3.4	10:04	3.5	3:55	-0.1	4:04	-0.2	6:05	6:05	
18	Fri	10:31	3.2	10:46	3.6	4:33	-0.1	4:38	-0.1	6:04	6:06	
19	Sat	11:20	3.1	11:36	3.5	5:15	0.0	5:16	0.0	6:02	6:07	
20	Sun			12:17	3.0	6:06	0.2	6:04	0.2	6:01	6:08	
21	Mon	12:34	3.5	1:18	2.9	7:14	0.3	7:10	0.3	5:59	6:09	
22	Tue	1:37	3.5	2:22	2.9	8:32	0.3	8:32	0.3	5:57	6:10	
23	Wed	2:44	3.5	3:31	3.0	9:43	0.2	9:47	0.2	5:56	6:11	
24	Thu	3:56	3.6	4:41	3.2	10:45	0.0	10:53	0.0	5:54	6:12	
25	Fri	5:06	3.7	5:44	3.5	11:41	-0.3	11:51	-0.3	5:53	6:13	
26	Sat	6:06	3.9	6:39	3.8			12:32	-0.5	5:51	6:14	
27	Sun	6:59	4.0	7:28	4.0	12:47	-0.4	1:21	-0.6	5:49	6:15	
28	Mon	7:47	4.1	8:15	4.1	1:39	-0.6	2:08	-0.7	5:48	6:16	
29	Tue	8:33	4.0	9:00	4.1	2:30	-0.6	2:53	-0.6	5:46	6:17	
30	Wed	9:19	3.8	9:44	4.0	3:17	-0.6	3:35	-0.5	5:45	6:18	
31	Thu	10:05	3.6	10:29	3.9	4:01	-0.4	4:14	-0.3	5:43	6:19	