

Seven Island, Newmans Thorofare, NJ - Jan 1986

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	11:19	3.4			5:08	0.2	5:52	0.0	7:17	4:44	
2	Thu	12:13	3.0	12:14	3.2	6:00	0.3	6:40	0.0	7:17	4:44	
3	Fri	1:06	3.1	1:11	3.1	7:07	0.3	7:38	0.0	7:17	4:45	
4	Sat	2:00	3.3	2:10	3.0	8:22	0.3	8:41	0.0	7:17	4:46	
5	Sun	2:57	3.5	3:13	2.9	9:34	0.2	9:44	-0.1	7:17	4:47	
6	Mon	4:00	3.6	4:23	2.9	10:39	0.0	10:43	-0.2	7:17	4:48	
7	Tue	5:04	3.8	5:31	3.0	11:38	-0.2	11:40	-0.3	7:17	4:49	
8	Wed	6:04	4.0	6:32	3.1			12:35	-0.4	7:17	4:50	
9	Thu	6:59	4.1	7:27	3.2	12:37	-0.4	1:30	-0.6	7:17	4:51	
10	Fri	7:50	4.2	8:19	3.3	1:33	-0.5	2:22	-0.7	7:17	4:52	
11	Sat	8:40	4.1	9:11	3.3	2:27	-0.5	3:12	-0.7	7:17	4:53	
12	Sun	9:30	4.0	10:02	3.3	3:17	-0.4	3:57	-0.7	7:16	4:54	
13	Mon	10:19	3.8	10:53	3.2	4:05	-0.3	4:40	-0.5	7:16	4:55	
14	Tue	11:08	3.5	11:44	3.1	4:51	-0.1	5:22	-0.4	7:16	4:56	
15	Wed	11:57	3.3			5:37	0.1	6:04	-0.1	7:16	4:57	
16	Thu	12:33	3.1	12:46	3.0	6:29	0.3	6:49	0.1	7:15	4:58	
17	Fri	1:19	3.0	1:33	2.8	7:27	0.5	7:38	0.2	7:15	4:59	
18	Sat	2:04	3.0	2:21	2.6	8:29	0.6	8:30	0.3	7:14	5:00	
19	Sun	2:51	3.0	3:12	2.5	9:30	0.6	9:22	0.4	7:14	5:02	
20	Mon	3:41	3.0	4:10	2.4	10:25	0.5	10:14	0.4	7:13	5:03	
21	Tue	4:37	3.0	5:10	2.5	11:15	0.3	11:03	0.3	7:13	5:04	
22	Wed	5:30	3.1	6:03	2.6			12:03	0.2	7:12	5:05	
23	Thu	6:17	3.3	6:49	2.7			12:48	0.0	7:11	5:06	
24	Fri	6:59	3.4	7:31	2.8	12:36	0.1	1:33	-0.1	7:11	5:07	
25	Sat	7:37	3.6	8:10	2.9	1:22	0.0	2:16	-0.3	7:10	5:08	
26	Sun	8:15	3.6	8:49	3.0	2:06	-0.1	2:56	-0.4	7:09	5:10	
27	Mon	8:52	3.7	9:28	3.1	2:50	-0.2	3:34	-0.4	7:09	5:11	
28	Tue	9:32	3.6	10:10	3.1	3:31	-0.2	4:10	-0.4	7:08	5:12	
29	Wed	10:14	3.5	10:56	3.2	4:13	-0.2	4:46	-0.4	7:07	5:13	
30	Thu	11:02	3.4	11:46	3.3	4:57	-0.2	5:24	-0.3	7:06	5:14	
31	Fri	11:55	3.2			5:47	0.0	6:09	-0.2	7:05	5:15	