

Seven Island, Newmans Thorofare, NJ - Jul 1989

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	7:22	3.4	7:44	4.3	1:27	0.1	1:19	0.1	5:33	8:28	
2	Sun	8:16	3.5	8:34	4.3	2:20	0.0	2:13	0.1	5:34	8:28	
3	Mon	9:07	3.5	9:21	4.2	3:12	-0.1	3:06	0.2	5:34	8:28	
4	Tue	9:57	3.5	10:08	4.1	4:00	-0.1	3:56	0.3	5:35	8:28	
5	Wed	10:46	3.5	10:53	3.9	4:44	-0.1	4:42	0.4	5:35	8:27	
6	Thu	11:35	3.4	11:39	3.7	5:24	0.0	5:25	0.5	5:36	8:27	
7	Fri			12:23	3.4	6:03	0.2	6:07	0.6	5:37	8:27	
8	Sat	12:25	3.5	1:10	3.4	6:41	0.3	6:53	0.8	5:37	8:27	
9	Sun	1:11	3.3	1:55	3.4	7:20	0.5	7:44	0.9	5:38	8:26	
10	Mon	1:56	3.1	2:38	3.4	8:03	0.6	8:42	1.0	5:39	8:26	
11	Tue	2:40	3.0	3:21	3.4	8:51	0.7	9:44	1.0	5:39	8:25	
12	Wed	3:27	2.9	4:06	3.5	9:43	0.8	10:42	0.9	5:40	8:25	
13	Thu	4:19	2.8	4:57	3.5	10:36	0.8	11:36	0.8	5:41	8:24	
14	Fri	5:19	2.8	5:51	3.6	11:27	0.8			5:41	8:24	
15	Sat	6:20	2.8	6:42	3.8	12:26	0.6	12:16	0.7	5:42	8:23	
16	Sun	7:13	3.0	7:29	4.0	1:15	0.4	1:05	0.6	5:43	8:23	
17	Mon	7:59	3.1	8:13	4.1	2:03	0.3	1:54	0.5	5:44	8:22	
18	Tue	8:43	3.3	8:56	4.3	2:50	0.1	2:44	0.3	5:44	8:22	
19	Wed	9:27	3.4	9:40	4.3	3:35	-0.1	3:33	0.2	5:45	8:21	
20	Thu	10:13	3.6	10:26	4.3	4:18	-0.2	4:22	0.2	5:46	8:20	
21	Fri	11:01	3.7	11:15	4.2	5:00	-0.2	5:09	0.1	5:47	8:20	
22	Sat	11:52	3.8			5:41	-0.2	5:58	0.2	5:48	8:19	
23	Sun	12:07	4.0	12:46	3.9	6:24	-0.2	6:52	0.3	5:49	8:18	
24	Mon	1:02	3.8	1:41	4.0	7:11	0.0	7:55	0.5	5:49	8:17	
25	Tue	1:59	3.6	2:35	4.0	8:06	0.1	9:06	0.6	5:50	8:16	
26	Wed	2:56	3.4	3:31	4.0	9:07	0.2	10:15	0.5	5:51	8:15	
27	Thu	3:56	3.2	4:31	4.0	10:12	0.3	11:20	0.5	5:52	8:15	
28	Fri	5:02	3.2	5:35	4.0	11:14	0.4			5:53	8:14	
29	Sat	6:09	3.2	6:37	4.0	12:18	0.3	12:12	0.3	5:54	8:13	
30	Sun	7:10	3.3	7:31	4.1	1:12	0.2	1:06	0.3	5:55	8:12	
31	Mon	8:02	3.4	8:19	4.1	2:03	0.1	1:58	0.3	5:56	8:11	