

Seven Island, Newmans Thorofare, NJ - Nov 1989

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	9:19	3.8	9:46	3.0	3:13	0.5	3:58	0.4	6:25	4:56	
2	Thu	9:53	3.7	10:27	2.9	3:46	0.7	4:36	0.5	6:26	4:54	
3	Fri	10:34	3.6	11:17	2.8	4:19	0.8	5:16	0.6	6:28	4:53	
4	Sat	11:26	3.5			4:57	0.8	6:04	0.7	6:29	4:52	
5	Sun	12:15	2.8	12:26	3.5	5:46	0.9	7:04	0.7	6:30	4:51	
6	Mon	1:13	2.9	1:27	3.5	6:59	1.0	8:09	0.6	6:31	4:50	
7	Tue	2:10	3.1	2:26	3.5	8:23	0.9	9:09	0.4	6:32	4:49	
8	Wed	3:08	3.4	3:28	3.6	9:35	0.6	10:03	0.2	6:33	4:48	
9	Thu	4:08	3.7	4:31	3.7	10:37	0.3	10:54	-0.1	6:34	4:47	
10	Fri	5:06	4.0	5:31	3.8	11:33	0.0	11:43	-0.3	6:35	4:46	
11	Sat	6:00	4.4	6:26	3.9			12:27	-0.2	6:37	4:45	
12	Sun	6:51	4.6	7:18	3.9	12:33	-0.4	1:22	-0.4	6:38	4:44	
13	Mon	7:40	4.7	8:09	3.9	1:23	-0.4	2:16	-0.4	6:39	4:43	
14	Tue	8:29	4.6	9:02	3.7	2:15	-0.4	3:08	-0.4	6:40	4:43	
15	Wed	9:21	4.5	9:57	3.6	3:07	-0.3	3:59	-0.3	6:41	4:42	
16	Thu	10:15	4.2	10:56	3.4	3:57	-0.1	4:49	-0.1	6:42	4:41	
17	Fri	11:13	3.9	11:57	3.3	4:47	0.2	5:42	0.1	6:43	4:40	
18	Sat			12:12	3.7	5:41	0.5	6:39	0.3	6:45	4:40	
19	Sun	12:56	3.2	1:08	3.5	6:42	0.7	7:39	0.4	6:46	4:39	
20	Mon	1:51	3.2	2:01	3.3	7:50	0.8	8:37	0.5	6:47	4:38	
21	Tue	2:43	3.2	2:53	3.1	8:55	0.8	9:29	0.5	6:48	4:38	
22	Wed	3:34	3.3	3:46	3.0	9:53	0.7	10:14	0.4	6:49	4:37	
23	Thu	4:25	3.4	4:39	3.0	10:43	0.6	10:55	0.4	6:50	4:37	
24	Fri	5:13	3.5	5:30	3.0	11:29	0.5	11:34	0.3	6:51	4:36	
25	Sat	5:57	3.7	6:15	3.1			12:12	0.3	6:52	4:36	
26	Sun	6:36	3.8	6:56	3.1	12:13	0.3	12:55	0.2	6:53	4:35	
27	Mon	7:14	3.8	7:35	3.1	12:52	0.3	1:38	0.1	6:54	4:35	
28	Tue	7:49	3.9	8:13	3.0	1:32	0.3	2:20	0.1	6:55	4:35	
29	Wed	8:23	3.8	8:50	3.0	2:13	0.3	3:02	0.1	6:56	4:34	
30	Thu	8:58	3.8	9:29	2.9	2:52	0.4	3:41	0.1	6:57	4:34	