US HARBORS www.USHarbors.com

Seven Island, Newmans Thorofare, NJ - Mar 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	11:10	3.3	11:35	3.8	5:05	-0.4	5:12	-0.4	6:30	5:49	
2	Fri			12:08	3.1	5:59	-0.2	6:02	-0.2	6:28	5:50	
3	Sat	12:34	3.6	1:09	2.9	7:05	0.1	7:06	0.0	6:27	5:51	
4	Sun	1:35	3.5	2:12	2.8	8:19	0.2	8:20	0.2	6:25	5:52	
5	Mon	2:39	3.4	3:18	2.8	9:31	0.2	9:33	0.2	6:24	5:53	
6	Tue	3:47	3.3	4:27	2.9	10:34	0.1	10:38	0.1	6:22	5:54	
7	Wed	4:55	3.3	5:31	3.0	11:29	-0.1	11:34	0.0	6:21	5:55	
8	Thu	5:54	3.5	6:24	3.3			12:18	-0.2	6:19	5:56	
9	Fri	6:43	3.6	7:09	3.5	12:25	-0.1	1:02	-0.3	6:18	5:57	
10	Sat	7:25	3.6	7:50	3.6	1:13	-0.2	1:44	-0.4	6:16	5:58	
11	Sun	8:05	3.6	8:28	3.7	1:58	-0.3	2:23	-0.3	6:14	5:59	
12	Mon	8:42	3.5	9:05	3.6	2:40	-0.3	2:59	-0.3	6:13	6:00	
13	Tue	9:20	3.3	9:42	3.6	3:19	-0.2	3:32	-0.2	6:11	6:01	
14	Wed	9:57	3.2	10:18	3.5	3:56	-0.1	4:03	0.0	6:10	6:02	
15	Thu	10:35	3.0	10:55	3.3	4:32	0.0	4:33	0.2	6:08	6:03	
16	Fri	11:16	2.8	11:36	3.2	5:08	0.2	5:03	0.4	6:07	6:04	
17	Sat			12:02	2.6	5:47	0.4	5:36	0.5	6:05	6:06	
18	Sun	12:20	3.1	12:52	2.5	6:37	0.6	6:20	0.7	6:03	6:07	
19	Mon	1:10	3.0	1:44	2.4	7:44	0.7	7:32	0.8	6:02	6:08	
20	Tue	2:04	3.0	2:42	2.5	8:55	0.7	8:55	0.8	6:00	6:09	
21	Wed	3:04	3.0	3:45	2.6	9:56	0.5	10:03	0.6	5:59	6:10	
22	Thu	4:09	3.1	4:47	2.8	10:49	0.3	11:00	0.4	5:57	6:11	
23	Fri	5:10	3.3	5:42	3.2	11:36	0.0	11:52	0.1	5:55	6:12	
24	Sat	6:03	3.6	6:29	3.5			12:22	-0.2	5:54	6:13	
25	Sun	6:51	3.8	7:13	3.9	12:43	-0.2	1:07	-0.4	5:52	6:14	
26	Mon	7:36	3.9	7:57	4.1	1:34	-0.4	1:52	-0.6	5:51	6:15	
27	Tue	8:22	3.9	8:42	4.3	2:25	-0.6	2:37	-0.6	5:49	6:16	
28	Wed	9:10	3.8	9:30	4.3	3:14	-0.6	3:22	-0.6	5:47	6:17	
29	Thu	10:02	3.6	10:21	4.2	4:03	-0.6	4:07	-0.5	5:46	6:18	
30	Fri	10:58	3.4	11:18	4.0	4:53	-0.4	4:55	-0.3	5:44	6:19	
31	Sat	11:59	3.2			5:48	-0.2	5:49	0.0	5:43	6:20	