US HARBORS www.USHarbors.com

Seven Island, Newmans Thorofare, NJ - Jul 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:37	3.0	4:15	3.6	9:58	0.6	10:46	0.8	5:33	8:28	
2	Mon	4:29	2.9	5:05	3.6	10:46	0.7	11:38	0.7	5:34	8:28	
3	Tue	5:25	2.8	5:57	3.7	11:33	0.7			5:34	8:28	
4	Wed	6:22	2.9	6:46	3.7	12:26	0.6	12:19	0.7	5:35	8:28	
5	Thu	7:13	3.0	7:31	3.8	1:12	0.5	1:04	0.6	5:35	8:27	
6	Fri	7:58	3.0	8:12	3.9	1:57	0.4	1:49	0.6	5:36	8:27	
7	Sat	8:40	3.1	8:50	4.0	2:42	0.3	2:34	0.6	5:36	8:27	
8	Sun	9:20	3.2	9:27	4.0	3:25	0.2	3:19	0.5	5:37	8:27	
9	Mon	9:59	3.2	10:04	4.0	4:05	0.1	4:01	0.5	5:38	8:26	
10	Tue	10:38	3.3	10:43	3.9	4:43	0.1	4:42	0.5	5:38	8:26	
11	Wed	11:19	3.4	11:25	3.8	5:18	0.1	5:22	0.5	5:39	8:26	
12	Thu			12:04	3.5	5:54	0.1	6:05	0.5	5:40	8:25	
13	Fri	12:12	3.7	12:53	3.6	6:32	0.1	6:55	0.6	5:41	8:25	
14	Sat	1:05	3.6	1:44	3.7	7:15	0.2	7:58	0.7	5:41	8:24	
15	Sun	2:00	3.4	2:37	3.9	8:08	0.2	9:11	0.7	5:42	8:24	
16	Mon	2:58	3.3	3:33	4.0	9:11	0.3	10:23	0.6	5:43	8:23	
17	Tue	4:00	3.2	4:35	4.1	10:17	0.3	11:28	0.4	5:44	8:22	
18	Wed	5:09	3.2	5:42	4.2	11:21	0.2			5:44	8:22	
19	Thu	6:19	3.3	6:46	4.3	12:28	0.2	12:22	0.1	5:45	8:21	
20	Fri	7:21	3.5	7:44	4.4	1:25	0.0	1:20	0.0	5:46	8:20	
21	Sat	8:17	3.7	8:36	4.5	2:19	-0.1	2:17	0.0	5:47	8:20	
22	Sun	9:10	3.8	9:25	4.4	3:11	-0.3	3:12	0.0	5:48	8:19	
23	Mon	10:00	3.8	10:13	4.3	4:00	-0.3	4:04	0.0	5:48	8:18	
24	Tue	10:50	3.8	11:01	4.1	4:44	-0.3	4:51	0.1	5:49	8:17	
25	Wed	11:39	3.8	11:48	3.8	5:26	-0.2	5:37	0.3	5:50	8:17	
26	Thu			12:28	3.7	6:05	0.0	6:22	0.5	5:51	8:16	
27	Fri	12:36	3.6	1:16	3.7	6:45	0.2	7:10	0.7	5:52	8:15	
28	Sat	1:24	3.3	2:02	3.6	7:26	0.5	8:04	0.9	5:53	8:14	
29	Sun	2:11	3.1	2:47	3.5	8:13	0.7	9:04	1.0	5:54	8:13	
30	Mon	2:59	2.9	3:33	3.5	9:05	0.8	10:06	1.0	5:55	8:12	
31	Tue	3:49	2.8	4:23	3.5	10:01	0.9	11:03	0.9	5:55	8:11	