US HARBORS www.USHarbors.com

Seven Island, Newmans Thorofare, NJ - Aug 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	4:46	2.8	5:18	3.5	10:57	0.9	11:54	0.8	5:56	8:10	
2	Thu	5:48	2.8	6:13	3.6	11:48	0.8			5:57	8:09	
3	Fri	6:44	2.9	7:03	3.8	12:42	0.6	12:37	0.7	5:58	8:08	
4	Sat	7:32	3.1	7:46	3.9	1:28	0.4	1:24	0.6	5:59	8:07	
5	Sun	8:14	3.3	8:26	4.0	2:12	0.3	2:10	0.5	6:00	8:06	
6	Mon	8:53	3.4	9:04	4.1	2:55	0.1	2:56	0.4	6:01	8:05	
7	Tue	9:31	3.5	9:42	4.1	3:35	0.0	3:41	0.3	6:02	8:03	
8	Wed	10:10	3.7	10:21	4.0	4:13	-0.1	4:24	0.3	6:03	8:02	
9	Thu	10:50	3.8	11:05	3.9	4:50	-0.1	5:07	0.3	6:04	8:01	
10	Fri	11:35	3.9	11:53	3.7	5:27	-0.1	5:52	0.3	6:05	8:00	
11	Sat			12:26	3.9	6:05	0.0	6:42	0.4	6:06	7:59	
12	Sun	12:47	3.6	1:21	4.0	6:49	0.1	7:43	0.6	6:06	7:57	
13	Mon	1:46	3.4	2:18	4.0	7:44	0.3	8:56	0.7	6:07	7:56	
14	Tue	2:46	3.3	3:17	4.0	8:51	0.4	10:10	0.6	6:08	7:55	
15	Wed	3:50	3.2	4:22	4.0	10:04	0.4	11:16	0.5	6:09	7:53	
16	Thu	5:00	3.2	5:31	4.0	11:12	0.4			6:10	7:52	
17	Fri	6:09	3.4	6:35	4.1	12:15	0.3	12:13	0.3	6:11	7:51	
18	Sat	7:10	3.6	7:31	4.2	1:09	0.1	1:10	0.2	6:12	7:49	
19	Sun	8:03	3.8	8:20	4.3	2:00	0.0	2:04	0.1	6:13	7:48	
20	Mon	8:51	3.9	9:05	4.3	2:48	-0.2	2:55	0.1	6:14	7:46	
21	Tue	9:36	4.0	9:48	4.1	3:33	-0.2	3:43	0.1	6:15	7:45	
22	Wed	10:20	4.0	10:31	4.0	4:14	-0.1	4:28	0.1	6:16	7:44	
23	Thu	11:03	3.9	11:14	3.7	4:52	0.0	5:09	0.3	6:17	7:42	
24	Fri	11:46	3.8	11:58	3.5	5:27	0.2	5:50	0.5	6:18	7:41	
25	Sat			12:31	3.7	6:01	0.4	6:32	0.7	6:19	7:39	
26	Sun	12:44	3.2	1:16	3.6	6:37	0.6	7:19	0.9	6:20	7:38	
27	Mon	1:33	3.0	2:03	3.5	7:16	0.8	8:16	1.0	6:20	7:36	
28	Tue	2:22	2.9	2:50	3.4	8:09	1.0	9:22	1.1	6:21	7:35	
29	Wed	3:14	2.8	3:41	3.4	9:15	1.1	10:25	1.0	6:22	7:33	
30	Thu	4:10	2.8	4:37	3.4	10:21	1.1	11:21	0.9	6:23	7:32	
31	Fri	5:12	2.8	5:36	3.5	11:19	1.0			6:24	7:30	