

































Seven Island, Newmans Thorofare, NJ - Dec 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	6:45	4.4	7:16	3.6	12:25	-0.3	1:22	-0.4	6:58	4:34	
2	Sun	7:36	4.6	8:09	3.6	1:19	-0.4	2:16	-0.5	6:59	4:34	
3	Mon	8:27	4.5	9:03	3.6	2:13	-0.4	3:09	-0.6	7:00	4:33	
4	Tue	9:21	4.4	10:00	3.5	3:08	-0.4	4:00	-0.5	7:01	4:33	
5	Wed	10:17	4.2	11:00	3.5	4:01	-0.3	4:51	-0.4	7:02	4:33	
6	Thu	11:16	3.9			4:54	-0.1	5:43	-0.3	7:03	4:33	
7	Fri	12:00	3.4	12:15	3.7	5:50	0.2	6:38	-0.1	7:04	4:33	
8	Sat	12:58	3.4	1:11	3.5	6:53	0.4	7:37	0.1	7:05	4:33	
9	Sun	1:52	3.4	2:04	3.2	8:00	0.5	8:34	0.2	7:05	4:33	
10	Mon	2:44	3.4	2:56	3.0	9:05	0.5	9:27	0.2	7:06	4:33	
11	Tue	3:37	3.4	3:51	2.9	10:03	0.5	10:15	0.2	7:07	4:33	
12	Wed	4:29	3.4	4:48	2.8	10:54	0.4	10:59	0.2	7:08	4:33	
13	Thu	5:19	3.5	5:40	2.8	11:41	0.3	11:41	0.2	7:09	4:34	
14	Fri	6:05	3.6	6:27	2.9			12:25	0.2	7:09	4:34	
15	Sat	6:46	3.7	7:09	2.9	12:22	0.2	1:09	0.1	7:10	4:34	
16	Sun	7:25	3.7	7:50	2.9	1:04	0.2	1:52	0.0	7:11	4:34	
17	Mon	8:03	3.7	8:29	2.9	1:46	0.2	2:33	0.0	7:11	4:35	
18	Tue	8:39	3.7	9:07	2.9	2:28	0.2	3:13	-0.1	7:12	4:35	
19	Wed	9:14	3.6	9:46	2.8	3:07	0.3	3:50	0.0	7:13	4:35	
20	Thu	9:50	3.5	10:25	2.8	3:44	0.3	4:25	0.0	7:13	4:36	
21	Fri	10:27	3.4	11:07	2.8	4:19	0.4	5:00	0.0	7:14	4:36	
22	Sat	11:10	3.3	11:53	2.9	4:56	0.4	5:36	0.1	7:14	4:37	
23	Sun	11:59	3.2			5:40	0.5	6:17	0.1	7:15	4:37	
24	Mon	12:41	3.0	12:51	3.1	6:37	0.6	7:07	0.1	7:15	4:38	
25	Tue	1:31	3.2	1:47	3.0	7:52	0.5	8:07	0.1	7:15	4:38	
26	Wed	2:24	3.4	2:46	2.9	9:06	0.4	9:09	0.0	7:16	4:39	
27	Thu	3:23	3.6	3:53	2.9	10:13	0.2	10:11	-0.1	7:16	4:40	
28	Fri	4:28	3.8	5:02	3.0	11:14	-0.1	11:09	-0.3	7:16	4:40	
29	Sat	5:31	4.0	6:05	3.2			12:11	-0.3	7:17	4:41	
30	Sun	6:30	4.2	7:02	3.3	12:07	-0.4	1:07	-0.5	7:17	4:42	
31	Mon	7:24	4.3	7:57	3.5	1:04	-0.5	2:02	-0.7	7:17	4:43	