

































Seven Island, Newmans Thorofare, NJ - Jan 1996

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	4:47	3.3	5:11	2.9	11:17	0.1	11:15	0.0	7:17	4:43	
2	Tue	5:38	3.4	6:02	2.9			12:03	0.0	7:17	4:44	
3	Wed	6:23	3.5	6:48	3.0			12:47	-0.1	7:17	4:45	
4	Thu	7:04	3.6	7:30	3.1	12:42	0.0	1:30	-0.1	7:17	4:46	
5	Fri	7:43	3.6	8:11	3.1	1:25	0.0	2:12	-0.2	7:17	4:47	
6	Sat	8:19	3.6	8:50	3.1	2:07	-0.1	2:52	-0.2	7:17	4:48	
7	Sun	8:54	3.5	9:29	3.0	2:48	0.0	3:29	-0.2	7:17	4:49	
8	Mon	9:28	3.4	10:07	3.0	3:26	0.0	4:04	-0.2	7:17	4:50	
9	Tue	10:01	3.3	10:46	2.9	4:02	0.1	4:37	-0.1	7:17	4:50	
10	Wed	10:37	3.2	11:27	2.9	4:38	0.2	5:09	0.0	7:17	4:51	
11	Thu	11:19	3.1			5:16	0.2	5:44	0.0	7:17	4:52	
12	Fri	12:12	3.0	12:09	3.0	6:02	0.3	6:27	0.1	7:17	4:53	
13	Sat	1:00	3.1	1:04	2.9	7:04	0.4	7:25	0.1	7:16	4:55	
14	Sun	1:51	3.2	2:02	2.9	8:18	0.3	8:33	0.1	7:16	4:56	
15	Mon	2:48	3.3	3:07	2.9	9:30	0.2	9:40	-0.1	7:16	4:57	
16	Tue	3:52	3.5	4:18	2.9	10:34	-0.1	10:41	-0.3	7:15	4:58	
17	Wed	4:58	3.8	5:26	3.1	11:32	-0.3	11:40	-0.5	7:15	4:59	
18	Thu	5:59	4.0	6:26	3.4			12:28	-0.6	7:14	5:00	
19	Fri	6:54	4.2	7:21	3.6	12:36	-0.7	1:22	-0.8	7:14	5:01	
20	Sat	7:46	4.4	8:14	3.7	1:32	-0.8	2:15	-1.0	7:13	5:02	
21	Sun	8:37	4.3	9:06	3.8	2:27	-0.9	3:05	-1.1	7:13	5:03	
22	Mon	9:28	4.2	9:59	3.7	3:20	-0.9	3:53	-1.1	7:12	5:04	
23	Tue	10:20	4.0	10:53	3.6	4:10	-0.7	4:39	-0.9	7:12	5:06	
24	Wed	11:14	3.7	11:47	3.5	5:00	-0.5	5:25	-0.7	7:11	5:07	
25	Thu			12:07	3.5	5:51	-0.2	6:14	-0.4	7:10	5:08	
26	Fri	12:40	3.4	1:00	3.2	6:49	0.0	7:06	-0.1	7:10	5:09	
27	Sat	1:32	3.3	1:52	2.9	7:51	0.2	8:03	0.1	7:09	5:10	
28	Sun	2:22	3.1	2:45	2.8	8:55	0.3	9:00	0.2	7:08	5:11	
29	Mon	3:15	3.1	3:41	2.6	9:55	0.3	9:54	0.2	7:07	5:13	
30	Tue	4:11	3.0	4:40	2.6	10:48	0.2	10:45	0.2	7:06	5:14	
31	Wed	5:07	3.1	5:35	2.7	11:35	0.1	11:32	0.1	7:06	5:15	