US HARBORS www.USHarbors.com

Seven Island, Newmans Thorofare, NJ - Jul 1996

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	9:03	3.9	9:24	4.7	3:07	-0.5	3:14	-0.3	5:33	8:28	
2	Tue	9:57	4.0	10:17	4.7	3:59	-0.6	4:09	-0.3	5:34	8:28	
3	Wed	10:52	4.0	11:12	4.5	4:49	-0.6	5:02	-0.2	5:35	8:28	
4	Thu	11:50	4.0			5:38	-0.6	5:55	-0.1	5:35	8:28	
5	Fri	12:09	4.3	12:48	4.0	6:27	-0.4	6:51	0.1	5:36	8:27	
6	Sat	1:06	4.1	1:45	4.0	7:19	-0.2	7:52	0.3	5:36	8:27	
7	Sun	2:02	3.9	2:39	3.9	8:15	0.0	8:57	0.5	5:37	8:27	
8	Mon	2:56	3.6	3:31	3.9	9:13	0.1	10:02	0.5	5:37	8:26	
9	Tue	3:50	3.4	4:25	3.8	10:09	0.3	11:01	0.5	5:38	8:26	
10	Wed	4:47	3.3	5:20	3.8	11:03	0.3	11:55	0.5	5:39	8:26	
11	Thu	5:45	3.2	6:14	3.8	11:52	0.4			5:39	8:25	
12	Fri	6:40	3.2	7:02	3.9	12:44	0.4	12:38	0.4	5:40	8:25	
13	Sat	7:29	3.3	7:46	3.9	1:30	0.3	1:23	0.4	5:41	8:24	
14	Sun	8:14	3.4	8:27	4.0	2:14	0.2	2:07	0.4	5:42	8:24	
15	Mon	8:56	3.4	9:05	4.0	2:57	0.2	2:51	0.4	5:42	8:23	
16	Tue	9:37	3.4	9:42	3.9	3:38	0.1	3:34	0.4	5:43	8:23	
17	Wed	10:18	3.4	10:18	3.8	4:16	0.1	4:15	0.4	5:44	8:22	
18	Thu	10:58	3.4	10:53	3.7	4:52	0.2	4:53	0.5	5:45	8:21	
19	Fri	11:38	3.4	11:29	3.5	5:26	0.2	5:29	0.6	5:46	8:21	
20	Sat			12:19	3.3	5:58	0.3	6:07	0.7	5:46	8:20	
21	Sun	12:07	3.4	1:00	3.4	6:31	0.4	6:49	0.8	5:47	8:19	
22	Mon	12:52	3.3	1:44	3.5	7:07	0.5	7:42	0.8	5:48	8:19	
23	Tue	1:42	3.3	2:30	3.6	7:54	0.5	8:49	0.8	5:49	8:18	
24	Wed	2:35	3.2	3:20	3.7	8:56	0.5	9:59	0.7	5:50	8:17	
25	Thu	3:34	3.2	4:18	3.9	10:02	0.5	11:04	0.5	5:51	8:16	
26	Fri	4:40	3.2	5:22	4.1	11:06	0.3			5:51	8:15	
27	Sat	5:50	3.4	6:25	4.3	12:03	0.2	12:06	0.1	5:52	8:14	
28	Sun	6:54	3.6	7:22	4.5	12:58	0.0	1:04	-0.1	5:53	8:13	
29	Mon	7:52	3.8	8:16	4.7	1:53	-0.3	2:01	-0.2	5:54	8:12	
30	Tue	8:46	4.1	9:08	4.8	2:46	-0.5	2:58	-0.3	5:55	8:11	
31	Wed	9:39	4.2	10:00	4.7	3:38	-0.6	3:53	-0.4	5:56	8:10	