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# Seven Island, Newmans Thorofare, NJ - Oct 1996

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Tue | | | 12:09 | 4.0 | 5:46 | 0.2 | 6:28 | 0.3 | 6:53 | 6:39 | |
| 2 | Wed | 12:41 | 3.5 | 1:01 | 3.8 | 6:30 | 0.5 | 7:19 | 0.6 | 6:54 | 6:38 | |
| 3 | Thu | 1:35 | 3.3 | 1:52 | 3.6 | 7:19 | 0.8 | 8:17 | 0.8 | 6:55 | 6:36 | |
| 4 | Fri | 2:28 | 3.2 | 2:44 | 3.5 | 8:17 | 1.0 | 9:19 | 0.9 | 6:56 | 6:34 | |
| 5 | Sat | 3:20 | 3.1 | 3:35 | 3.4 | 9:21 | 1.0 | 10:17 | 0.8 | 6:57 | 6:33 | |
| 6 | Sun | 4:13 | 3.2 | 4:28 | 3.4 | 10:22 | 1.0 | 11:08 | 0.7 | 6:58 | 6:31 | |
| 7 | Mon | 5:08 | 3.2 | 5:23 | 3.4 | 11:16 | 0.9 | 11:54 | 0.6 | 6:59 | 6:30 | |
| 8 | Tue | 6:01 | 3.4 | 6:15 | 3.5 | | | 12:05 | 0.7 | 7:00 | 6:28 | |
| 9 | Wed | 6:48 | 3.6 | 7:01 | 3.6 | 12:36 | 0.5 | 12:50 | 0.5 | 7:01 | 6:27 | |
| 10 | Thu | 7:30 | 3.8 | 7:42 | 3.7 | 1:16 | 0.3 | 1:34 | 0.4 | 7:02 | 6:25 | |
| 11 | Fri | 8:08 | 4.0 | 8:20 | 3.8 | 1:56 | 0.2 | 2:18 | 0.2 | 7:03 | 6:24 | |
| 12 | Sat | 8:43 | 4.1 | 8:56 | 3.8 | 2:35 | 0.2 | 3:01 | 0.2 | 7:04 | 6:22 | |
| 13 | Sun | 9:18 | 4.1 | 9:33 | 3.7 | 3:14 | 0.1 | 3:44 | 0.1 | 7:05 | 6:21 | |
| 14 | Mon | 9:54 | 4.2 | 10:12 | 3.7 | 3:53 | 0.2 | 4:26 | 0.1 | 7:06 | 6:19 | |
| 15 | Tue | 10:34 | 4.2 | 10:57 | 3.6 | 4:31 | 0.2 | 5:09 | 0.1 | 7:07 | 6:18 | |
| 16 | Wed | 11:20 | 4.1 | 11:49 | 3.4 | 5:11 | 0.3 | 5:53 | 0.2 | 7:08 | 6:16 | |
| 17 | Thu | | | 12:15 | 4.0 | 5:54 | 0.4 | 6:44 | 0.3 | 7:09 | 6:15 | |
| 18 | Fri | 12:50 | 3.4 | 1:17 | 3.9 | 6:46 | 0.5 | 7:45 | 0.4 | 7:10 | 6:13 | |
| 19 | Sat | 1:54 | 3.4 | 2:20 | 3.9 | 7:55 | 0.6 | 8:54 | 0.4 | 7:12 | 6:12 | |
| 20 | Sun | 2:57 | 3.4 | 3:22 | 3.9 | 9:13 | 0.6 | 10:01 | 0.3 | 7:13 | 6:11 | |
| 21 | Mon | 3:59 | 3.6 | 4:25 | 3.9 | 10:25 | 0.5 | 11:01 | 0.1 | 7:14 | 6:09 | |
| 22 | Tue | 5:03 | 3.8 | 5:29 | 3.9 | 11:28 | 0.3 | 11:55 | -0.1 | 7:15 | 6:08 | |
| 23 | Wed | 6:04 | 4.0 | 6:29 | 4.0 | | | 12:25 | 0.0 | 7:16 | 6:06 | |
| 24 | Thu | 7:00 | 4.3 | 7:23 | 4.1 | 12:46 | -0.2 | 1:18 | -0.1 | 7:17 | 6:05 | |
| 25 | Fri | 7:49 | 4.4 | 8:12 | 4.1 | 1:34 | -0.3 | 2:10 | -0.2 | 7:18 | 6:04 | |
| 26 | Sat | 8:35 | 4.5 | 8:58 | 4.1 | 2:21 | -0.3 | 3:00 | -0.3 | 7:19 | 6:03 | |
| 27 | Sun | 8:19 | 4.5 | 8:45 | 3.9 | 2:08 | -0.3 | 2:47 | -0.2 | 6:20 | 5:01 | |
| 28 | Mon | 9:03 | 4.3 | 9:31 | 3.8 | 2:52 | -0.1 | 3:33 | -0.1 | 6:21 | 5:00 | |
| 29 | Tue | 9:47 | 4.1 | 10:20 | 3.5 | 3:35 | 0.1 | 4:16 | 0.0 | 6:22 | 4:59 | |
| 30 | Wed | 10:33 | 3.9 | 11:11 | 3.3 | 4:15 | 0.3 | 4:59 | 0.3 | 6:23 | 4:58 | |
| 31 | Thu | 11:21 | 3.7 | | | 4:56 | 0.5 | 5:44 | 0.5 | 6:25 | 4:56 | |