US HARBORS www.USHarbors.com

Seven Island, Newmans Thorofare, NJ - Jan 1997

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	1:12	2.9	1:07	2.8	6:59	0.6	7:29	0.3	7:17	4:44	
2	Thu	1:56	2.9	1:55	2.8	8:06	0.6	8:27	0.3	7:17	4:45	
3	Fri	2:43	3.0	2:49	2.7	9:12	0.5	9:25	0.2	7:17	4:46	
4	Sat	3:36	3.2	3:51	2.8	10:12	0.3	10:20	0.1	7:17	4:46	
5	Sun	4:34	3.4	4:56	2.9	11:07	0.1	11:12	-0.1	7:17	4:47	
6	Mon	5:30	3.7	5:55	3.1			12:00	-0.2	7:17	4:48	
7	Tue	6:22	4.0	6:47	3.3	12:04	-0.3	12:52	-0.5	7:17	4:49	
8	Wed	7:12	4.2	7:38	3.5	12:56	-0.5	1:43	-0.7	7:17	4:50	
9	Thu	8:01	4.3	8:28	3.6	1:49	-0.6	2:34	-0.9	7:17	4:51	
10	Fri	8:51	4.3	9:21	3.6	2:42	-0.7	3:23	-1.0	7:17	4:52	
11	Sat	9:43	4.2	10:15	3.6	3:34	-0.7	4:11	-1.0	7:17	4:53	
12	Sun	10:37	4.1	11:12	3.6	4:25	-0.7	4:59	-0.9	7:16	4:54	
13	Mon	11:34	3.8			5:18	-0.5	5:49	-0.7	7:16	4:55	
14	Tue	12:11	3.6	12:31	3.6	6:16	-0.2	6:44	-0.5	7:16	4:56	
15	Wed	1:07	3.5	1:28	3.3	7:21	0.0	7:43	-0.3	7:15	4:57	
16	Thu	2:02	3.4	2:23	3.1	8:29	0.1	8:44	-0.2	7:15	4:59	
17	Fri	2:58	3.4	3:21	3.0	9:34	0.1	9:42	-0.1	7:14	5:00	
18	Sat	3:56	3.3	4:22	2.9	10:33	0.0	10:36	-0.1	7:14	5:01	
19	Sun	4:55	3.3	5:22	2.9	11:26	0.0	11:25	-0.1	7:14	5:02	
20	Mon	5:48	3.4	6:14	2.9			12:14	-0.1	7:13	5:03	
21	Tue	6:35	3.5	7:00	3.0	12:12	-0.1	12:59	-0.2	7:12	5:04	
22	Wed	7:17	3.5	7:43	3.1	12:57	-0.1	1:43	-0.3	7:12	5:05	
23	Thu	7:56	3.6	8:23	3.1	1:40	-0.2	2:24	-0.3	7:11	5:06	
24	Fri	8:33	3.5	9:03	3.1	2:23	-0.2	3:02	-0.3	7:10	5:08	
25	Sat	9:10	3.4	9:42	3.1	3:03	-0.1	3:38	-0.3	7:10	5:09	
26	Sun	9:45	3.3	10:21	3.0	3:40	-0.1	4:12	-0.2	7:09	5:10	
27	Mon	10:20	3.2	11:00	2.9	4:16	0.0	4:44	-0.1	7:08	5:11	
28	Tue	10:56	3.0	11:40	2.9	4:52	0.1	5:15	0.0	7:07	5:12	
29	Wed	11:36	2.9			5:29	0.3	5:48	0.1	7:07	5:13	
30	Thu	12:21	2.9	12:21	2.8	6:15	0.4	6:29	0.2	7:06	5:15	
31	Fri	1:06	3.0	1:13	2.7	7:15	0.4	7:26	0.3	7:05	5:16	