US HARBORS www.USHarbors.com

Seven Island, Newmans Thorofare, NJ - Mar 1997

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	**12:23**	3.2	**12:44**	2.8	**6:40**	0.3	**6:41**	0.3	6:29	5:49	
2	Sun	**1:18**	3.2	**1:43**	2.8	**7:52**	0.4	**7:57**	0.3	6:28	5:50	
3	Mon	**2:18**	3.3	**2:48**	2.8	**9:06**	0.3	**9:16**	0.2	6:26	5:51	
4	Tue	**3:24**	3.4	**3:59**	2.9	**10:12**	0.0	**10:24**	0.0	6:25	5:52	
5	Wed	**4:34**	3.6	**5:08**	3.2	**11:11**	-0.2	**11:25**	-0.3	6:23	5:53	
6	Thu	**5:39**	3.8	**6:09**	3.5			**12:05**	-0.5	6:22	5:54	
7	Fri	**6:35**	4.1	**7:02**	3.8	**12:22**	-0.6	**12:58**	-0.8	6:20	5:55	
8	Sat	**7:27**	4.2	**7:53**	4.1	**1:18**	-0.8	**1:49**	-0.9	6:19	5:57	
9	Sun	**8:18**	4.3	**8:43**	4.2	**2:12**	-0.9	**2:38**	-1.0	6:17	5:58	
10	Mon	**9:08**	4.2	**9:33**	4.2	**3:04**	-0.9	**3:25**	-1.0	6:16	5:59	
11	Tue	**9:59**	4.0	**10:24**	4.0	**3:54**	-0.8	**4:11**	-0.8	6:14	6:00	
12	Wed	**10:51**	3.7	**11:16**	3.8	**4:42**	-0.6	**4:56**	-0.6	6:12	6:01	
13	Thu	**11:46**	3.5			**5:32**	-0.4	**5:43**	-0.3	6:11	6:02	
14	Fri	**12:10**	3.6	**12:41**	3.2	**6:27**	0.0	**6:36**	0.1	6:09	6:03	
15	Sat	**1:04**	3.4	**1:35**	3.0	**7:28**	0.2	**7:35**	0.3	6:08	6:04	
16	Sun	**1:57**	3.2	**2:30**	2.9	**8:33**	0.4	**8:39**	0.5	6:06	6:05	
17	Mon	**2:51**	3.1	**3:26**	2.8	**9:35**	0.4	**9:40**	0.5	6:04	6:06	
18	Tue	**3:49**	3.0	**4:25**	2.9	**10:29**	0.3	**10:34**	0.4	6:03	6:07	
19	Wed	**4:47**	3.1	**5:21**	3.0	**11:16**	0.2	**11:23**	0.3	6:01	6:08	
20	Thu	**5:40**	3.2	**6:09**	3.2	**11:59**	0.1			6:00	6:09	
21	Fri	**6:26**	3.3	**6:51**	3.4	**12:09**	0.2	**12:40**	0.0	5:58	6:10	
22	Sat	**7:06**	3.4	**7:30**	3.5	**12:52**	0.0	**1:20**	-0.1	5:56	6:11	
23	Sun	**7:43**	3.5	**8:06**	3.6	**1:35**	-0.1	**1:59**	-0.1	5:55	6:12	
24	Mon	**8:18**	3.5	**8:40**	3.6	**2:16**	-0.1	**2:36**	-0.1	5:53	6:13	
25	Tue	**8:52**	3.4	**9:13**	3.6	**2:56**	-0.1	**3:11**	-0.1	5:52	6:14	
26	Wed	**9:26**	3.3	**9:45**	3.6	**3:34**	-0.1	**3:43**	0.0	5:50	6:15	
27	Thu	**10:01**	3.2	**10:21**	3.5	**4:10**	-0.1	**4:15**	0.1	5:48	6:16	
28	Fri	**10:42**	3.1	**11:03**	3.5	**4:47**	0.0	**4:48**	0.2	5:47	6:17	
29	Sat	**11:31**	3.0	**11:55**	3.5	**5:29**	0.1	**5:27**	0.3	5:45	6:18	
30	Sun			**12:29**	3.0	**6:21**	0.2	**6:20**	0.4	5:44	6:19	
31	Mon	**12:55**	3.5	**1:30**	3.0	**7:29**	0.3	**7:37**	0.4	5:42	6:20	