

































Seven Island, Newmans Thorofare, NJ - Mar 1997

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	12:23	3.2	12:44	2.8	6:40	0.3	6:41	0.3	6:29	5:49	
2	Sun	1:18	3.2	1:43	2.8	7:52	0.4	7:57	0.3	6:28	5:50	
3	Mon	2:18	3.3	2:48	2.8	9:06	0.3	9:16	0.2	6:26	5:51	
4	Tue	3:24	3.4	3:59	2.9	10:12	0.0	10:24	0.0	6:25	5:52	
5	Wed	4:34	3.6	5:08	3.2	11:11	-0.2	11:25	-0.3	6:23	5:53	
6	Thu	5:39	3.8	6:09	3.5			12:05	-0.5	6:22	5:54	
7	Fri	6:35	4.1	7:02	3.8	12:22	-0.6	12:58	-0.8	6:20	5:55	
8	Sat	7:27	4.2	7:53	4.1	1:18	-0.8	1:49	-0.9	6:19	5:57	
9	Sun	8:18	4.3	8:43	4.2	2:12	-0.9	2:38	-1.0	6:17	5:58	
10	Mon	9:08	4.2	9:33	4.2	3:04	-0.9	3:25	-1.0	6:16	5:59	
11	Tue	9:59	4.0	10:24	4.0	3:54	-0.8	4:11	-0.8	6:14	6:00	
12	Wed	10:51	3.7	11:16	3.8	4:42	-0.6	4:56	-0.6	6:12	6:01	
13	Thu	11:46	3.5			5:32	-0.4	5:43	-0.3	6:11	6:02	
14	Fri	12:10	3.6	12:41	3.2	6:27	0.0	6:36	0.1	6:09	6:03	
15	Sat	1:04	3.4	1:35	3.0	7:28	0.2	7:35	0.3	6:08	6:04	
16	Sun	1:57	3.2	2:30	2.9	8:33	0.4	8:39	0.5	6:06	6:05	
17	Mon	2:51	3.1	3:26	2.8	9:35	0.4	9:40	0.5	6:04	6:06	
18	Tue	3:49	3.0	4:25	2.9	10:29	0.3	10:34	0.4	6:03	6:07	
19	Wed	4:47	3.1	5:21	3.0	11:16	0.2	11:23	0.3	6:01	6:08	
20	Thu	5:40	3.2	6:09	3.2	11:59	0.1			6:00	6:09	
21	Fri	6:26	3.3	6:51	3.4	12:09	0.2	12:40	0.0	5:58	6:10	
22	Sat	7:06	3.4	7:30	3.5	12:52	0.0	1:20	-0.1	5:56	6:11	
23	Sun	7:43	3.5	8:06	3.6	1:35	-0.1	1:59	-0.1	5:55	6:12	
24	Mon	8:18	3.5	8:40	3.6	2:16	-0.1	2:36	-0.1	5:53	6:13	
25	Tue	8:52	3.4	9:13	3.6	2:56	-0.1	3:11	-0.1	5:52	6:14	
26	Wed	9:26	3.3	9:45	3.6	3:34	-0.1	3:43	0.0	5:50	6:15	
27	Thu	10:01	3.2	10:21	3.5	4:10	-0.1	4:15	0.1	5:48	6:16	
28	Fri	10:42	3.1	11:03	3.5	4:47	0.0	4:48	0.2	5:47	6:17	
29	Sat	11:31	3.0	11:55	3.5	5:29	0.1	5:27	0.3	5:45	6:18	
30	Sun			12:29	3.0	6:21	0.2	6:20	0.4	5:44	6:19	
31	Mon	12:55	3.5	1:30	3.0	7:29	0.3	7:37	0.4	5:42	6:20	