

































Seven Island, Newmans Thorofare, NJ - Jan 2000

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	4:12	3.3	4:29	2.8	10:36	0.3	10:46	0.1	7:17	4:43	
2	Sun	5:04	3.3	5:23	2.8	11:24	0.2	11:29	0.1	7:17	4:44	
3	Mon	5:51	3.4	6:12	2.8			12:09	0.1	7:17	4:45	
4	Tue	6:34	3.5	6:55	2.9	12:11	0.1	12:53	0.0	7:17	4:46	
5	Wed	7:14	3.6	7:36	2.9	12:53	0.0	1:36	-0.1	7:17	4:47	
6	Thu	7:52	3.6	8:15	2.9	1:35	0.0	2:18	-0.2	7:17	4:48	
7	Fri	8:28	3.6	8:53	2.9	2:17	0.0	2:58	-0.2	7:17	4:49	
8	Sat	9:03	3.6	9:30	2.9	2:56	0.0	3:36	-0.2	7:17	4:50	
9	Sun	9:38	3.5	10:08	2.8	3:34	0.1	4:12	-0.2	7:17	4:50	
10	Mon	10:15	3.4	10:48	2.8	4:10	0.1	4:47	-0.2	7:17	4:51	
11	Tue	10:56	3.3	11:33	2.9	4:46	0.2	5:23	-0.1	7:17	4:52	
12	Wed	11:45	3.2			5:27	0.3	6:04	0.0	7:17	4:54	
13	Thu	12:23	3.0	12:38	3.1	6:21	0.4	6:54	0.0	7:16	4:55	
14	Fri	1:15	3.1	1:35	3.0	7:33	0.4	7:55	0.0	7:16	4:56	
15	Sat	2:11	3.2	2:35	3.0	8:50	0.3	9:01	-0.1	7:16	4:57	
16	Sun	3:11	3.4	3:41	3.0	10:00	0.1	10:03	-0.2	7:15	4:58	
17	Mon	4:17	3.6	4:51	3.0	11:02	-0.2	11:03	-0.4	7:15	4:59	
18	Tue	5:22	3.8	5:55	3.2	11:59	-0.4			7:14	5:00	
19	Wed	6:21	4.1	6:53	3.4	12:00	-0.6	12:55	-0.6	7:14	5:01	
20	Thu	7:15	4.2	7:46	3.5	12:56	-0.7	1:49	-0.8	7:13	5:02	
21	Fri	8:06	4.3	8:39	3.6	1:52	-0.8	2:41	-0.9	7:13	5:03	
22	Sat	8:57	4.2	9:31	3.6	2:45	-0.8	3:30	-0.9	7:12	5:04	
23	Sun	9:48	4.0	10:24	3.5	3:36	-0.7	4:16	-0.9	7:12	5:06	
24	Mon	10:39	3.8	11:17	3.4	4:25	-0.5	5:01	-0.7	7:11	5:07	
25	Tue	11:31	3.5			5:13	-0.3	5:47	-0.4	7:10	5:08	
26	Wed	12:10	3.3	12:22	3.2	6:04	0.0	6:35	-0.2	7:10	5:09	
27	Thu	1:00	3.2	1:13	3.0	7:00	0.2	7:27	0.0	7:09	5:10	
28	Fri	1:49	3.1	2:02	2.8	8:02	0.4	8:22	0.2	7:08	5:11	
29	Sat	2:38	3.1	2:53	2.6	9:03	0.4	9:16	0.3	7:07	5:13	
30	Sun	3:29	3.0	3:49	2.5	10:01	0.4	10:08	0.3	7:06	5:14	
31	Mon	4:24	3.1	4:49	2.5	10:53	0.3	10:57	0.2	7:06	5:15	