

































## Seven Island, Newmans Thorofare, NJ - Mar 2000

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	4:39	3.0	5:11	2.6	11:07	0.3	11:14	0.4	6:29	5:49	
2	Thu	5:34	3.2	6:02	2.8	11:54	0.1			6:27	5:50	
3	Fri	6:21	3.3	6:46	3.0	12:01	0.2	12:38	0.0	6:26	5:52	
4	Sat	7:02	3.5	7:25	3.2	12:47	0.0	1:21	-0.2	6:24	5:53	
5	Sun	7:41	3.6	8:02	3.3	1:31	-0.1	2:02	-0.3	6:23	5:54	
6	Mon	8:18	3.7	8:37	3.4	2:15	-0.2	2:41	-0.4	6:21	5:55	
7	Tue	8:55	3.7	9:14	3.5	2:57	-0.3	3:19	-0.4	6:20	5:56	
8	Wed	9:35	3.6	9:54	3.6	3:38	-0.3	3:55	-0.4	6:18	5:57	
9	Thu	10:19	3.5	10:39	3.6	4:19	-0.3	4:32	-0.4	6:17	5:58	
10	Fri	11:09	3.3	11:30	3.6	5:03	-0.2	5:13	-0.2	6:15	5:59	
11	Sat			12:05	3.2	5:55	0.0	6:01	-0.1	6:14	6:00	
12	Sun	12:28	3.6	1:05	3.1	6:59	0.1	7:03	0.1	6:12	6:01	
13	Mon	1:29	3.5	2:08	3.0	8:13	0.2	8:18	0.2	6:10	6:02	
14	Tue	2:32	3.5	3:14	3.0	9:25	0.1	9:31	0.1	6:09	6:03	
15	Wed	3:40	3.5	4:23	3.1	10:30	0.0	10:37	0.0	6:07	6:04	
16	Thu	4:50	3.6	5:28	3.3	11:27	-0.2	11:36	-0.2	6:06	6:05	
17	Fri	5:52	3.8	6:25	3.6			12:19	-0.4	6:04	6:06	
18	Sat	6:46	3.9	7:14	3.8	12:30	-0.4	1:08	-0.5	6:02	6:07	
19	Sun	7:33	3.9	8:00	3.9	1:22	-0.5	1:55	-0.6	6:01	6:08	
20	Mon	8:18	3.9	8:44	3.9	2:12	-0.5	2:39	-0.6	5:59	6:09	
21	Tue	9:02	3.8	9:27	3.9	2:58	-0.5	3:20	-0.5	5:58	6:10	
22	Wed	9:45	3.6	10:09	3.7	3:41	-0.4	3:58	-0.3	5:56	6:11	
23	Thu	10:29	3.4	10:53	3.6	4:21	-0.2	4:34	-0.1	5:54	6:12	
24	Fri	11:14	3.1	11:37	3.4	5:01	0.0	5:10	0.2	5:53	6:13	
25	Sat			12:02	2.9	5:44	0.2	5:48	0.4	5:51	6:14	
26	Sun	12:24	3.2	12:52	2.8	6:32	0.4	6:34	0.7	5:50	6:15	
27	Mon	1:12	3.1	1:42	2.7	7:30	0.6	7:35	0.8	5:48	6:16	
28	Tue	2:01	3.0	2:34	2.6	8:34	0.7	8:44	0.9	5:46	6:17	
29	Wed	2:54	3.0	3:31	2.6	9:35	0.6	9:47	0.8	5:45	6:18	
30	Thu	3:53	3.0	4:31	2.8	10:29	0.5	10:42	0.6	5:43	6:19	
31	Fri	4:52	3.1	5:25	3.0	11:16	0.3	11:32	0.4	5:42	6:20	