

































Seven Island, Newmans Thorofare, NJ - Jan 2003

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	6:45	4.1	7:11	3.2	12:23	-0.4	1:13	-0.5	7:17	4:44	
2	Thu	7:34	4.1	8:01	3.3	1:16	-0.4	2:05	-0.5	7:17	4:44	
3	Fri	8:22	4.1	8:51	3.2	2:08	-0.3	2:54	-0.5	7:17	4:45	
4	Sat	9:09	3.9	9:40	3.1	2:57	-0.3	3:39	-0.5	7:17	4:46	
5	Sun	9:56	3.7	10:30	3.1	3:43	-0.1	4:22	-0.4	7:17	4:47	
6	Mon	10:44	3.5	11:20	3.0	4:27	0.0	5:03	-0.2	7:17	4:48	
7	Tue	11:32	3.3			5:10	0.2	5:44	-0.1	7:17	4:49	
8	Wed	12:09	2.9	12:20	3.1	5:56	0.4	6:26	0.1	7:17	4:50	
9	Thu	12:57	2.9	1:07	2.9	6:50	0.6	7:13	0.2	7:17	4:51	
10	Fri	1:42	2.9	1:54	2.7	7:52	0.7	8:04	0.3	7:17	4:52	
11	Sat	2:27	2.9	2:42	2.6	8:54	0.7	8:56	0.4	7:17	4:53	
12	Sun	3:14	2.9	3:36	2.5	9:53	0.6	9:47	0.3	7:16	4:54	
13	Mon	4:06	3.0	4:34	2.5	10:45	0.4	10:36	0.3	7:16	4:55	
14	Tue	4:59	3.1	5:30	2.6	11:34	0.2	11:23	0.2	7:16	4:56	
15	Wed	5:48	3.3	6:20	2.7			12:21	0.1	7:16	4:57	
16	Thu	6:32	3.5	7:05	2.8	12:09	0.1	1:07	-0.1	7:15	4:58	
17	Fri	7:13	3.7	7:47	2.9	12:56	-0.1	1:53	-0.3	7:15	4:59	
18	Sat	7:54	3.8	8:29	3.0	1:42	-0.2	2:38	-0.4	7:14	5:00	
19	Sun	8:35	3.9	9:12	3.1	2:29	-0.3	3:20	-0.5	7:14	5:01	
20	Mon	9:19	3.8	9:58	3.2	3:15	-0.3	4:01	-0.6	7:13	5:03	
21	Tue	10:06	3.8	10:48	3.2	4:00	-0.4	4:42	-0.5	7:13	5:04	
22	Wed	10:57	3.6	11:42	3.3	4:47	-0.3	5:24	-0.5	7:12	5:05	
23	Thu	11:52	3.4			5:39	-0.2	6:12	-0.4	7:11	5:06	
24	Fri	12:37	3.4	12:49	3.2	6:40	0.0	7:08	-0.2	7:11	5:07	
25	Sat	1:33	3.4	1:47	3.0	7:51	0.1	8:10	-0.1	7:10	5:08	
26	Sun	2:29	3.5	2:48	2.9	9:03	0.1	9:15	-0.1	7:09	5:09	
27	Mon	3:30	3.5	3:55	2.8	10:10	0.0	10:17	-0.1	7:09	5:11	
28	Tue	4:35	3.5	5:04	2.8	11:10	-0.1	11:15	-0.2	7:08	5:12	
29	Wed	5:37	3.6	6:06	2.9			12:06	-0.3	7:07	5:13	
30	Thu	6:32	3.7	6:59	3.0	12:10	-0.2	12:58	-0.4	7:06	5:14	
31	Fri	7:21	3.8	7:48	3.1	1:02	-0.3	1:47	-0.5	7:05	5:15	