




























Seven Island, Newmans Thorofare, NJ - Jul 2004

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	7:53	3.5	8:19	4.7	1:59	-0.2	1:58	-0.1	5:34	8:28	
2	Fri	8:49	3.6	9:12	4.7	2:55	-0.3	2:56	-0.1	5:34	8:28	
3	Sat	9:45	3.7	10:06	4.6	3:49	-0.4	3:53	-0.1	5:35	8:28	
4	Sun	10:42	3.7	11:01	4.4	4:41	-0.4	4:47	0.0	5:35	8:28	
5	Mon	11:40	3.7	11:56	4.2	5:29	-0.4	5:39	0.1	5:36	8:27	
6	Tue			12:37	3.7	6:17	-0.2	6:32	0.3	5:36	8:27	
7	Wed	12:52	4.0	1:32	3.7	7:06	-0.1	7:30	0.5	5:37	8:27	
8	Thu	1:45	3.7	2:24	3.7	7:57	0.1	8:32	0.7	5:38	8:26	
9	Fri	2:35	3.5	3:12	3.6	8:50	0.3	9:35	0.8	5:38	8:26	
10	Sat	3:25	3.3	4:00	3.6	9:41	0.5	10:34	0.8	5:39	8:26	
11	Sun	4:16	3.1	4:49	3.6	10:31	0.6	11:28	0.7	5:40	8:25	
12	Mon	5:12	3.0	5:41	3.6	11:18	0.6			5:40	8:25	
13	Tue	6:08	3.0	6:31	3.7	12:17	0.6	12:03	0.6	5:41	8:24	
14	Wed	7:01	3.0	7:16	3.8	1:03	0.5	12:48	0.6	5:42	8:24	
15	Thu	7:48	3.1	7:58	3.9	1:48	0.4	1:32	0.6	5:42	8:23	
16	Fri	8:31	3.1	8:37	3.9	2:32	0.4	2:17	0.6	5:43	8:23	
17	Sat	9:12	3.2	9:14	3.9	3:15	0.3	3:02	0.5	5:44	8:22	
18	Sun	9:52	3.2	9:49	3.9	3:56	0.2	3:45	0.5	5:45	8:21	
19	Mon	10:32	3.2	10:24	3.8	4:33	0.2	4:25	0.5	5:46	8:21	
20	Tue	11:11	3.2	11:01	3.7	5:08	0.2	5:03	0.6	5:46	8:20	
21	Wed	11:52	3.3	11:41	3.6	5:41	0.2	5:41	0.6	5:47	8:19	
22	Thu			12:35	3.4	6:15	0.3	6:24	0.7	5:48	8:19	
23	Fri	12:28	3.5	1:21	3.5	6:51	0.3	7:15	0.7	5:49	8:18	
24	Sat	1:20	3.4	2:10	3.7	7:35	0.4	8:21	0.7	5:50	8:17	
25	Sun	2:15	3.3	3:01	3.8	8:30	0.4	9:34	0.7	5:51	8:16	
26	Mon	3:13	3.2	3:58	4.0	9:36	0.4	10:44	0.6	5:52	8:15	
27	Tue	4:18	3.2	5:02	4.1	10:42	0.4	11:48	0.4	5:52	8:14	
28	Wed	5:31	3.2	6:09	4.3	11:46	0.2			5:53	8:13	
29	Thu	6:40	3.3	7:10	4.4	12:47	0.1	12:46	0.1	5:54	8:12	
30	Fri	7:41	3.5	8:06	4.6	1:43	-0.1	1:45	0.0	5:55	8:11	
31	Sat	8:37	3.7	8:59	4.6	2:38	-0.2	2:43	-0.1	5:56	8:10	