

































Seven Island, Newmans Thorofare, NJ - Jul 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	4:01	3.2	4:40	3.8	10:25	0.4	11:14	0.6	5:33	8:28	
2	Thu	4:58	3.0	5:34	3.8	11:16	0.5			5:34	8:28	
3	Fri	5:57	3.0	6:27	3.8	12:06	0.5	12:03	0.5	5:34	8:28	
4	Sat	6:52	3.0	7:14	3.9	12:54	0.5	12:49	0.6	5:35	8:28	
5	Sun	7:41	3.1	7:58	3.9	1:40	0.4	1:34	0.6	5:36	8:27	
6	Mon	8:25	3.1	8:38	3.9	2:24	0.3	2:19	0.6	5:36	8:27	
7	Tue	9:06	3.2	9:17	3.9	3:07	0.3	3:03	0.6	5:37	8:27	
8	Wed	9:47	3.2	9:55	3.9	3:48	0.2	3:46	0.6	5:37	8:27	
9	Thu	10:26	3.2	10:31	3.8	4:25	0.2	4:25	0.6	5:38	8:26	
10	Fri	11:06	3.2	11:07	3.6	5:00	0.2	5:03	0.7	5:39	8:26	
11	Sat	11:44	3.2	11:44	3.5	5:33	0.2	5:39	0.7	5:39	8:25	
12	Sun			12:23	3.3	6:05	0.3	6:16	0.8	5:40	8:25	
13	Mon	12:24	3.4	1:04	3.4	6:37	0.4	7:00	0.9	5:41	8:24	
14	Tue	1:10	3.3	1:48	3.5	7:15	0.4	7:58	0.9	5:42	8:24	
15	Wed	2:00	3.2	2:34	3.6	8:03	0.5	9:11	0.9	5:42	8:23	
16	Thu	2:54	3.1	3:27	3.8	9:03	0.5	10:22	0.8	5:43	8:23	
17	Fri	3:55	3.1	4:27	3.9	10:10	0.5	11:27	0.5	5:44	8:22	
18	Sat	5:04	3.1	5:34	4.1	11:15	0.3			5:45	8:22	
19	Sun	6:15	3.2	6:39	4.3	12:26	0.3	12:16	0.2	5:45	8:21	
20	Mon	7:17	3.5	7:38	4.5	1:22	0.0	1:16	0.0	5:46	8:20	
21	Tue	8:14	3.7	8:32	4.6	2:17	-0.2	2:15	-0.1	5:47	8:19	
22	Wed	9:08	3.9	9:24	4.6	3:10	-0.4	3:12	-0.2	5:48	8:19	
23	Thu	10:01	4.1	10:16	4.5	4:01	-0.5	4:07	-0.3	5:49	8:18	
24	Fri	10:54	4.1	11:08	4.4	4:48	-0.6	4:59	-0.2	5:50	8:17	
25	Sat	11:49	4.1			5:34	-0.5	5:50	0.0	5:51	8:16	
26	Sun	12:01	4.1	12:43	4.1	6:19	-0.3	6:42	0.2	5:51	8:15	
27	Mon	12:55	3.8	1:35	4.0	7:06	0.0	7:39	0.5	5:52	8:14	
28	Tue	1:48	3.5	2:26	3.9	7:57	0.3	8:41	0.6	5:53	8:14	
29	Wed	2:40	3.3	3:16	3.8	8:52	0.5	9:45	0.7	5:54	8:13	
30	Thu	3:32	3.1	4:07	3.7	9:49	0.7	10:45	0.8	5:55	8:12	
31	Fri	4:28	2.9	5:01	3.6	10:45	0.7	11:39	0.7	5:56	8:11	