

































Seven Island, Newmans Thorofare, NJ - Aug 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	5:28	2.9	5:58	3.6	11:37	0.8			5:57	8:10	
2	Sun	6:27	2.9	6:49	3.7	12:28	0.6	12:25	0.7	5:58	8:09	
3	Mon	7:17	3.1	7:35	3.8	1:13	0.5	1:11	0.6	5:59	8:07	
4	Tue	8:02	3.2	8:16	3.9	1:56	0.4	1:56	0.6	5:59	8:06	
5	Wed	8:42	3.3	8:53	3.9	2:38	0.3	2:40	0.5	6:00	8:05	
6	Thu	9:20	3.4	9:29	3.9	3:18	0.2	3:23	0.5	6:01	8:04	
7	Fri	9:56	3.5	10:03	3.8	3:55	0.2	4:03	0.5	6:02	8:03	
8	Sat	10:30	3.5	10:37	3.7	4:29	0.2	4:40	0.5	6:03	8:02	
9	Sun	11:03	3.5	11:12	3.6	5:01	0.2	5:16	0.6	6:04	8:01	
10	Mon	11:39	3.6	11:51	3.4	5:31	0.3	5:53	0.6	6:05	7:59	
11	Tue			12:20	3.6	6:02	0.3	6:35	0.7	6:06	7:58	
12	Wed	12:39	3.3	1:08	3.7	6:38	0.4	7:30	0.8	6:07	7:57	
13	Thu	1:33	3.2	2:02	3.8	7:24	0.5	8:43	0.9	6:08	7:55	
14	Fri	2:33	3.1	3:01	3.8	8:30	0.6	10:00	0.8	6:09	7:54	
15	Sat	3:37	3.1	4:05	3.9	9:47	0.6	11:08	0.6	6:10	7:53	
16	Sun	4:47	3.1	5:16	4.0	11:00	0.4			6:11	7:51	
17	Mon	5:59	3.3	6:24	4.2	12:08	0.3	12:05	0.2	6:12	7:50	
18	Tue	7:02	3.6	7:23	4.4	1:03	0.0	1:04	0.0	6:12	7:49	
19	Wed	7:58	3.9	8:16	4.6	1:56	-0.2	2:02	-0.1	6:13	7:47	
20	Thu	8:49	4.2	9:06	4.6	2:47	-0.4	2:57	-0.2	6:14	7:46	
21	Fri	9:39	4.3	9:55	4.5	3:35	-0.5	3:50	-0.3	6:15	7:45	
22	Sat	10:28	4.4	10:43	4.2	4:21	-0.5	4:40	-0.2	6:16	7:43	
23	Sun	11:18	4.3	11:33	4.0	5:04	-0.3	5:28	0.0	6:17	7:42	
24	Mon			12:09	4.2	5:47	-0.1	6:16	0.2	6:18	7:40	
25	Tue	12:25	3.7	1:00	4.0	6:29	0.2	7:07	0.5	6:19	7:39	
26	Wed	1:19	3.4	1:51	3.8	7:16	0.5	8:04	0.7	6:20	7:37	
27	Thu	2:12	3.2	2:41	3.7	8:09	0.8	9:08	0.9	6:21	7:36	
28	Fri	3:04	3.0	3:33	3.5	9:11	0.9	10:12	0.9	6:22	7:34	
29	Sat	3:59	2.9	4:27	3.5	10:13	1.0	11:09	0.9	6:23	7:33	
30	Sun	4:59	2.9	5:25	3.5	11:10	1.0	11:58	0.7	6:24	7:31	
31	Mon	5:58	3.0	6:20	3.6			12:01	0.8	6:25	7:30	