
































Seven Island, Newmans Thorofare, NJ - Nov 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	6:39	4.0	7:02	3.6	1:23	0.2	1:05	0.2	6:25	4:55	
2	Mon	7:16	4.2	7:43	3.6	1:04	0.1	1:51	0.1	6:27	4:54	
3	Tue	7:55	4.3	8:26	3.5	1:47	0.1	2:38	0.0	6:28	4:53	
4	Wed	8:37	4.3	9:12	3.5	2:32	0.0	3:25	-0.1	6:29	4:52	
5	Thu	9:23	4.3	10:04	3.4	3:17	0.1	4:12	0.0	6:30	4:51	
6	Fri	10:16	4.2	11:04	3.3	4:04	0.1	5:01	0.1	6:31	4:50	
7	Sat	11:17	4.0			4:55	0.3	5:56	0.2	6:32	4:49	
8	Sun	12:08	3.3	12:22	3.9	5:54	0.4	6:58	0.3	6:33	4:48	
9	Mon	1:11	3.4	1:25	3.8	7:05	0.5	8:04	0.3	6:34	4:47	
10	Tue	2:11	3.5	2:25	3.7	8:21	0.5	9:06	0.2	6:36	4:46	
11	Wed	3:10	3.6	3:26	3.6	9:30	0.4	10:02	0.1	6:37	4:45	
12	Thu	4:09	3.8	4:27	3.5	10:30	0.3	10:52	0.0	6:38	4:44	
13	Fri	5:06	4.0	5:25	3.5	11:25	0.1	11:39	-0.1	6:39	4:43	
14	Sat	5:57	4.2	6:17	3.6			12:15	0.0	6:40	4:43	
15	Sun	6:43	4.3	7:04	3.5	12:24	-0.1	1:03	-0.1	6:41	4:42	
16	Mon	7:26	4.3	7:48	3.5	1:09	0.0	1:50	-0.1	6:42	4:41	
17	Tue	8:07	4.2	8:31	3.4	1:53	0.1	2:36	-0.1	6:44	4:40	
18	Wed	8:48	4.1	9:14	3.2	2:35	0.2	3:18	0.0	6:45	4:40	
19	Thu	9:29	3.9	9:59	3.1	3:16	0.3	3:59	0.1	6:46	4:39	
20	Fri	10:12	3.7	10:47	3.0	3:55	0.5	4:38	0.3	6:47	4:38	
21	Sat	10:58	3.5	11:38	2.9	4:34	0.6	5:18	0.4	6:48	4:38	
22	Sun	11:46	3.3			5:14	0.8	6:01	0.5	6:49	4:37	
23	Mon	12:29	2.8	12:36	3.2	6:01	0.9	6:50	0.6	6:50	4:37	
24	Tue	1:17	2.9	1:24	3.1	7:01	1.0	7:44	0.6	6:51	4:36	
25	Wed	2:04	2.9	2:11	3.0	8:11	1.0	8:38	0.6	6:52	4:36	
26	Thu	2:50	3.0	3:01	3.0	9:15	0.9	9:29	0.5	6:53	4:35	
27	Fri	3:38	3.2	3:56	3.0	10:11	0.7	10:16	0.4	6:54	4:35	
28	Sat	4:29	3.4	4:53	3.0	11:02	0.5	11:01	0.2	6:55	4:34	
29	Sun	5:19	3.7	5:46	3.1	11:51	0.2	11:47	0.1	6:56	4:34	
30	Mon	6:05	3.9	6:35	3.2			12:40	0.0	6:57	4:34	