

































Seven Island, Newmans Thorofare, NJ - Mar 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	8:29	4.1	8:59	4.1	2:24	-0.9	2:53	-1.0	6:29	5:49	
2	Tue	9:18	4.0	9:48	4.1	3:15	-0.9	3:38	-0.9	6:28	5:50	
3	Wed	10:07	3.7	10:38	4.0	4:03	-0.7	4:22	-0.7	6:26	5:51	
4	Thu	10:59	3.4	11:29	3.7	4:51	-0.5	5:05	-0.4	6:25	5:52	
5	Fri	11:53	3.2			5:40	-0.2	5:51	-0.1	6:23	5:53	
6	Sat	12:22	3.5	12:48	2.9	6:35	0.1	6:44	0.3	6:22	5:54	
7	Sun	1:16	3.3	1:43	2.7	7:38	0.3	7:48	0.5	6:20	5:55	
8	Mon	2:09	3.1	2:39	2.6	8:45	0.5	8:55	0.6	6:19	5:56	
9	Tue	3:05	3.0	3:38	2.6	9:46	0.5	9:57	0.6	6:17	5:57	
10	Wed	4:06	3.0	4:40	2.6	10:40	0.4	10:51	0.5	6:16	5:58	
11	Thu	5:05	3.0	5:35	2.8	11:26	0.3	11:39	0.3	6:14	5:59	
12	Fri	5:55	3.2	6:21	3.0			12:08	0.1	6:13	6:01	
13	Sat	6:39	3.3	7:01	3.2	12:23	0.2	12:48	0.0	6:11	6:02	
14	Sun	8:17	3.4	8:37	3.4	1:06	0.1	2:26	-0.1	7:09	7:03	
15	Mon	8:53	3.4	9:10	3.5	2:48	0.0	3:04	-0.2	7:08	7:04	
16	Tue	9:28	3.4	9:41	3.5	3:29	-0.1	3:39	-0.2	7:06	7:05	
17	Wed	10:02	3.3	10:12	3.6	4:07	-0.1	4:13	-0.1	7:05	7:06	
18	Thu	10:36	3.2	10:43	3.6	4:43	-0.1	4:44	-0.1	7:03	7:07	
19	Fri	11:13	3.1	11:19	3.5	5:20	0.0	5:16	0.0	7:02	7:08	
20	Sat	11:56	2.9			5:57	0.1	5:50	0.1	7:00	7:09	
21	Sun	12:05	3.5	12:50	2.8	6:42	0.2	6:33	0.2	6:58	7:10	
22	Mon	1:01	3.5	1:50	2.8	7:41	0.4	7:32	0.4	6:57	7:11	
23	Tue	2:04	3.4	2:53	2.8	8:57	0.4	8:53	0.4	6:55	7:12	
24	Wed	3:10	3.4	3:59	2.9	10:10	0.3	10:15	0.3	6:53	7:13	
25	Thu	4:20	3.5	5:07	3.2	11:13	0.1	11:24	0.1	6:52	7:14	
26	Fri	5:30	3.6	6:12	3.5			12:09	-0.2	6:50	7:15	
27	Sat	6:34	3.8	7:10	3.9	12:24	-0.2	1:00	-0.4	6:49	7:16	
28	Sun	7:30	3.9	8:00	4.2	1:21	-0.4	1:50	-0.6	6:47	7:17	
29	Mon	8:20	4.0	8:48	4.3	2:15	-0.6	2:38	-0.7	6:45	7:18	
30	Tue	9:09	4.0	9:35	4.4	3:07	-0.7	3:26	-0.7	6:44	7:19	
31	Wed	9:56	3.8	10:21	4.3	3:57	-0.7	4:11	-0.6	6:42	7:20	