
































## Seven Island, Newmans Thorofare, NJ - Aug 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	12:40	3.2	1:10	3.4	6:37	0.5	7:16	1.0	5:57	8:10	
2	Mon	1:25	3.1	1:53	3.5	7:14	0.6	8:16	1.0	5:57	8:09	
3	Tue	2:14	3.0	2:39	3.5	8:04	0.7	9:27	1.0	5:58	8:08	
4	Wed	3:07	2.9	3:31	3.6	9:09	0.7	10:35	0.9	5:59	8:07	
5	Thu	4:08	2.9	4:33	3.8	10:19	0.7	11:36	0.6	6:00	8:05	
6	Fri	5:16	3.0	5:40	4.0	11:23	0.5			6:01	8:04	
7	Sat	6:23	3.2	6:42	4.2	12:31	0.4	12:23	0.3	6:02	8:03	
8	Sun	7:20	3.5	7:37	4.4	1:23	0.1	1:20	0.1	6:03	8:02	
9	Mon	8:13	3.8	8:29	4.6	2:14	-0.2	2:16	-0.1	6:04	8:01	
10	Tue	9:03	4.1	9:18	4.6	3:04	-0.4	3:12	-0.3	6:05	8:00	
11	Wed	9:54	4.3	10:09	4.5	3:52	-0.5	4:05	-0.3	6:06	7:58	
12	Thu	10:46	4.4	11:01	4.3	4:38	-0.6	4:57	-0.3	6:07	7:57	
13	Fri	11:39	4.4	11:55	4.1	5:24	-0.5	5:48	-0.1	6:08	7:56	
14	Sat			12:34	4.3	6:10	-0.3	6:41	0.1	6:09	7:54	
15	Sun	12:51	3.8	1:30	4.2	6:59	0.0	7:41	0.4	6:09	7:53	
16	Mon	1:48	3.5	2:24	4.0	7:54	0.3	8:46	0.6	6:10	7:52	
17	Tue	2:45	3.3	3:19	3.9	8:56	0.5	9:54	0.7	6:11	7:50	
18	Wed	3:42	3.1	4:15	3.7	10:00	0.7	10:56	0.7	6:12	7:49	
19	Thu	4:43	3.0	5:14	3.7	11:00	0.7	11:51	0.6	6:13	7:48	
20	Fri	5:45	3.1	6:12	3.7	11:54	0.7			6:14	7:46	
21	Sat	6:42	3.2	7:03	3.8	12:39	0.5	12:43	0.6	6:15	7:45	
22	Sun	7:29	3.3	7:46	3.9	1:22	0.4	1:28	0.5	6:16	7:43	
23	Mon	8:11	3.5	8:26	3.9	2:04	0.3	2:12	0.5	6:17	7:42	
24	Tue	8:49	3.6	9:03	3.9	2:43	0.2	2:55	0.4	6:18	7:41	
25	Wed	9:26	3.7	9:38	3.8	3:20	0.2	3:36	0.4	6:19	7:39	
26	Thu	10:01	3.7	10:13	3.7	3:56	0.2	4:15	0.5	6:20	7:38	
27	Fri	10:34	3.7	10:47	3.5	4:29	0.2	4:51	0.5	6:21	7:36	
28	Sat	11:06	3.6	11:22	3.4	5:00	0.3	5:26	0.6	6:22	7:35	
29	Sun	11:39	3.6			5:29	0.4	6:02	0.7	6:22	7:33	
30	Mon	12:01	3.2	12:18	3.6	5:59	0.6	6:42	0.8	6:23	7:31	
31	Tue	12:48	3.1	1:06	3.6	6:34	0.7	7:37	0.9	6:24	7:30	