

































Seven Island, Newmans Thorofare, NJ - Jan 2019

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	4:28	3.5	4:48	3.0	10:53	0.0	11:04	-0.1	7:17	4:44	
2	Wed	5:23	3.6	5:44	3.0	11:44	-0.1	11:50	-0.1	7:17	4:44	
3	Thu	6:12	3.7	6:33	3.0			12:32	-0.1	7:17	4:45	
4	Fri	6:56	3.7	7:18	3.0	12:35	-0.1	1:18	-0.2	7:17	4:46	
5	Sat	7:37	3.7	8:00	3.0	1:19	-0.1	2:02	-0.2	7:17	4:47	
6	Sun	8:16	3.7	8:41	3.0	2:02	0.0	2:43	-0.2	7:17	4:48	
7	Mon	8:55	3.6	9:21	2.9	2:43	0.0	3:22	-0.2	7:17	4:49	
8	Tue	9:33	3.5	10:02	2.9	3:23	0.1	3:59	-0.2	7:17	4:50	
9	Wed	10:12	3.3	10:44	2.8	4:00	0.2	4:34	-0.1	7:17	4:51	
10	Thu	10:51	3.2	11:27	2.7	4:36	0.3	5:09	0.0	7:17	4:52	
11	Fri	11:32	3.0			5:12	0.4	5:45	0.1	7:17	4:53	
12	Sat	12:10	2.7	12:16	2.9	5:54	0.5	6:25	0.2	7:16	4:54	
13	Sun	12:53	2.8	1:03	2.8	6:48	0.6	7:14	0.2	7:16	4:55	
14	Mon	1:38	2.9	1:52	2.7	7:58	0.6	8:12	0.2	7:16	4:56	
15	Tue	2:25	3.0	2:48	2.7	9:09	0.5	9:12	0.2	7:15	4:57	
16	Wed	3:20	3.2	3:52	2.7	10:12	0.3	10:10	0.0	7:15	4:58	
17	Thu	4:22	3.4	4:58	2.8	11:10	0.0	11:06	-0.2	7:15	4:59	
18	Fri	5:23	3.7	5:59	3.0			12:04	-0.3	7:14	5:00	
19	Sat	6:19	3.9	6:53	3.2	12:00	-0.4	12:57	-0.5	7:14	5:01	
20	Sun	7:12	4.2	7:45	3.4	12:55	-0.6	1:50	-0.7	7:13	5:03	
21	Mon	8:03	4.3	8:37	3.6	1:50	-0.7	2:41	-0.9	7:13	5:04	
22	Tue	8:54	4.3	9:30	3.6	2:44	-0.8	3:31	-1.0	7:12	5:05	
23	Wed	9:46	4.2	10:25	3.6	3:36	-0.8	4:18	-1.0	7:11	5:06	
24	Thu	10:41	4.0	11:21	3.6	4:28	-0.7	5:06	-0.9	7:11	5:07	
25	Fri	11:37	3.7			5:20	-0.5	5:56	-0.6	7:10	5:08	
26	Sat	12:18	3.5	12:33	3.4	6:17	-0.2	6:50	-0.4	7:09	5:10	
27	Sun	1:13	3.5	1:28	3.2	7:20	0.0	7:48	-0.2	7:08	5:11	
28	Mon	2:06	3.4	2:22	2.9	8:27	0.1	8:48	0.0	7:08	5:12	
29	Tue	3:00	3.3	3:20	2.8	9:32	0.2	9:45	0.1	7:07	5:13	
30	Wed	3:57	3.3	4:21	2.7	10:30	0.1	10:38	0.1	7:06	5:14	
31	Thu	4:55	3.3	5:21	2.7	11:22	0.1	11:27	0.1	7:05	5:15	