
































Seven Island, Newmans Thorofare, NJ - Mar 2019

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	4:22	3.1	4:53	2.6	10:54	0.2	11:02	0.3	6:30	5:49	
2	Sat	5:20	3.2	5:48	2.8	11:42	0.1	11:50	0.2	6:28	5:50	
3	Sun	6:09	3.3	6:35	2.9			12:26	0.0	6:27	5:51	
4	Mon	6:53	3.4	7:16	3.1	12:35	0.1	1:07	-0.1	6:25	5:52	
5	Tue	7:32	3.5	7:53	3.2	1:18	0.0	1:47	-0.2	6:24	5:53	
6	Wed	8:09	3.5	8:29	3.3	2:00	-0.1	2:26	-0.2	6:22	5:54	
7	Thu	8:44	3.5	9:02	3.3	2:40	-0.1	3:01	-0.2	6:21	5:55	
8	Fri	9:18	3.4	9:34	3.3	3:18	-0.1	3:35	-0.2	6:19	5:56	
9	Sat	9:52	3.3	10:05	3.3	3:54	0.0	4:06	-0.1	6:18	5:57	
10	Sun	11:27	3.1	11:40	3.3	5:28	0.0	5:36	0.0	7:16	6:58	
11	Mon			12:08	3.0	6:04	0.1	6:08	0.1	7:14	6:59	
12	Tue	12:22	3.3	12:57	2.9	6:46	0.3	6:47	0.2	7:13	7:00	
13	Wed	1:13	3.3	1:54	2.8	7:44	0.4	7:41	0.3	7:11	7:01	
14	Thu	2:11	3.3	2:55	2.8	9:01	0.4	8:57	0.3	7:10	7:02	
15	Fri	3:14	3.4	4:01	2.8	10:17	0.3	10:17	0.2	7:08	7:03	
16	Sat	4:24	3.5	5:12	3.0	11:22	0.1	11:26	0.0	7:07	7:04	
17	Sun	5:37	3.6	6:19	3.3			12:20	-0.2	7:05	7:05	
18	Mon	6:42	3.9	7:18	3.6	12:28	-0.2	1:14	-0.4	7:03	7:06	
19	Tue	7:39	4.1	8:10	3.9	1:25	-0.5	2:05	-0.7	7:02	7:07	
20	Wed	8:31	4.2	9:00	4.1	2:21	-0.7	2:55	-0.8	7:00	7:08	
21	Thu	9:20	4.2	9:49	4.2	3:14	-0.8	3:43	-0.9	6:59	7:09	
22	Fri	10:09	4.1	10:37	4.2	4:05	-0.8	4:29	-0.8	6:57	7:10	
23	Sat	10:58	3.9	11:26	4.1	4:53	-0.7	5:13	-0.6	6:55	7:11	
24	Sun	11:49	3.6			5:40	-0.5	5:56	-0.3	6:54	7:12	
25	Mon	12:17	3.9	12:42	3.3	6:28	-0.2	6:41	0.0	6:52	7:13	
26	Tue	1:09	3.6	1:37	3.1	7:20	0.1	7:31	0.3	6:51	7:14	
27	Wed	2:01	3.4	2:30	2.9	8:19	0.3	8:31	0.6	6:49	7:15	
28	Thu	2:53	3.2	3:24	2.8	9:23	0.5	9:36	0.7	6:47	7:16	
29	Fri	3:46	3.1	4:21	2.7	10:25	0.5	10:39	0.7	6:46	7:17	
30	Sat	4:44	3.1	5:20	2.8	11:19	0.5	11:34	0.6	6:44	7:18	
31	Sun	5:43	3.1	6:17	2.9			12:07	0.4	6:43	7:19	