

































Seven Island, Newmans Thorofare, NJ - Jul 2019

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	7:51	3.4	8:04	4.4	1:57	0.1	1:48	0.1	5:33	8:28	
2	Tue	8:40	3.5	8:51	4.5	2:47	-0.1	2:40	0.0	5:34	8:28	
3	Wed	9:29	3.6	9:40	4.5	3:37	-0.2	3:32	0.0	5:34	8:28	
4	Thu	10:21	3.7	10:31	4.5	4:26	-0.3	4:24	-0.1	5:35	8:28	
5	Fri	11:16	3.7	11:27	4.4	5:14	-0.4	5:16	0.0	5:35	8:28	
6	Sat			12:14	3.8	6:01	-0.3	6:09	0.1	5:36	8:27	
7	Sun	12:25	4.2	1:12	3.8	6:52	-0.2	7:07	0.2	5:37	8:27	
8	Mon	1:23	4.0	2:09	3.9	7:47	-0.1	8:12	0.4	5:37	8:27	
9	Tue	2:20	3.8	3:03	3.9	8:45	0.0	9:20	0.4	5:38	8:26	
10	Wed	3:16	3.6	3:58	4.0	9:44	0.1	10:25	0.4	5:38	8:26	
11	Thu	4:13	3.4	4:54	4.0	10:41	0.2	11:25	0.4	5:39	8:26	
12	Fri	5:14	3.3	5:52	4.0	11:34	0.2			5:40	8:25	
13	Sat	6:14	3.3	6:45	4.1	12:19	0.3	12:24	0.2	5:41	8:25	
14	Sun	7:10	3.3	7:33	4.1	1:10	0.2	1:12	0.3	5:41	8:24	
15	Mon	7:59	3.4	8:18	4.1	1:58	0.1	1:59	0.3	5:42	8:24	
16	Tue	8:44	3.4	9:00	4.1	2:45	0.1	2:45	0.4	5:43	8:23	
17	Wed	9:27	3.4	9:40	4.0	3:29	0.1	3:29	0.4	5:44	8:22	
18	Thu	10:10	3.4	10:21	3.9	4:09	0.1	4:11	0.5	5:44	8:22	
19	Fri	10:53	3.3	11:01	3.8	4:48	0.1	4:51	0.5	5:45	8:21	
20	Sat	11:36	3.3	11:42	3.6	5:24	0.2	5:29	0.7	5:46	8:20	
21	Sun			12:20	3.2	5:58	0.3	6:07	0.8	5:47	8:20	
22	Mon	12:24	3.4	1:03	3.2	6:34	0.4	6:49	0.9	5:48	8:19	
23	Tue	1:08	3.3	1:45	3.3	7:11	0.5	7:38	1.0	5:48	8:18	
24	Wed	1:52	3.2	2:26	3.3	7:54	0.6	8:40	1.1	5:49	8:17	
25	Thu	2:37	3.1	3:08	3.4	8:46	0.7	9:47	1.0	5:50	8:17	
26	Fri	3:27	3.0	3:56	3.6	9:43	0.6	10:49	0.8	5:51	8:16	
27	Sat	4:25	3.0	4:52	3.7	10:41	0.6	11:46	0.6	5:52	8:15	
28	Sun	5:29	3.1	5:53	3.9	11:37	0.4			5:53	8:14	
29	Mon	6:32	3.2	6:50	4.2	12:39	0.4	12:31	0.3	5:54	8:13	
30	Tue	7:28	3.5	7:43	4.4	1:32	0.1	1:26	0.1	5:55	8:12	
31	Wed	8:20	3.7	8:34	4.6	2:24	-0.1	2:21	-0.1	5:55	8:11	