

































Seven Island, Newmans Thorofare, NJ - Jan 2022

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	6:39	4.2	7:07	3.3	12:17	-0.4	1:11	-0.6	7:17	4:44	
2	Sun	7:32	4.3	8:01	3.4	1:13	-0.5	2:06	-0.7	7:17	4:45	
3	Mon	8:24	4.3	8:55	3.4	2:09	-0.6	2:59	-0.8	7:17	4:46	
4	Tue	9:17	4.2	9:50	3.4	3:04	-0.6	3:48	-0.8	7:17	4:46	
5	Wed	10:10	4.0	10:46	3.3	3:55	-0.5	4:36	-0.7	7:17	4:47	
6	Thu	11:04	3.8	11:42	3.3	4:45	-0.3	5:23	-0.5	7:17	4:48	
7	Fri	11:58	3.5			5:37	0.0	6:11	-0.3	7:17	4:49	
8	Sat	12:36	3.2	12:50	3.3	6:33	0.2	7:02	-0.1	7:17	4:50	
9	Sun	1:27	3.2	1:40	3.0	7:35	0.4	7:55	0.1	7:17	4:51	
10	Mon	2:15	3.1	2:30	2.8	8:39	0.5	8:48	0.2	7:17	4:52	
11	Tue	3:04	3.1	3:22	2.7	9:39	0.4	9:38	0.2	7:17	4:53	
12	Wed	3:55	3.1	4:19	2.6	10:33	0.4	10:26	0.2	7:16	4:54	
13	Thu	4:48	3.1	5:16	2.6	11:22	0.3	11:11	0.2	7:16	4:55	
14	Fri	5:39	3.2	6:07	2.7			12:07	0.1	7:16	4:56	
15	Sat	6:24	3.3	6:52	2.7			12:52	0.0	7:15	4:57	
16	Sun	7:04	3.4	7:34	2.8	12:40	0.1	1:36	-0.1	7:15	4:58	
17	Mon	7:42	3.5	8:14	2.9	1:24	0.0	2:18	-0.2	7:14	5:00	
18	Tue	8:18	3.5	8:52	2.9	2:07	0.0	2:58	-0.2	7:14	5:01	
19	Wed	8:53	3.5	9:30	2.9	2:49	0.0	3:35	-0.2	7:13	5:02	
20	Thu	9:28	3.5	10:08	2.9	3:27	0.0	4:09	-0.2	7:13	5:03	
21	Fri	10:05	3.4	10:49	2.9	4:05	0.0	4:43	-0.2	7:12	5:04	
22	Sat	10:46	3.3	11:34	3.0	4:44	0.1	5:17	-0.2	7:12	5:05	
23	Sun	11:35	3.1			5:27	0.1	5:55	-0.1	7:11	5:06	
24	Mon	12:23	3.1	12:29	3.0	6:21	0.2	6:43	0.0	7:10	5:08	
25	Tue	1:16	3.2	1:27	2.9	7:32	0.3	7:45	0.0	7:10	5:09	
26	Wed	2:11	3.3	2:28	2.8	8:48	0.2	8:55	0.0	7:09	5:10	
27	Thu	3:13	3.5	3:37	2.7	9:59	0.1	10:03	-0.1	7:08	5:11	
28	Fri	4:21	3.6	4:51	2.8	11:03	-0.1	11:05	-0.2	7:07	5:12	
29	Sat	5:28	3.8	5:58	3.0			12:01	-0.4	7:07	5:13	
30	Sun	6:27	4.0	6:56	3.2	12:05	-0.4	12:57	-0.6	7:06	5:15	
31	Mon	7:21	4.1	7:49	3.4	1:02	-0.5	1:50	-0.7	7:05	5:16	