

































Seven Island, Newmans Thorofare, NJ - Mar 2022

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	7:07	3.9	7:34	3.5	12:51	-0.4	1:29	-0.6	6:29	5:49	
2	Wed	7:55	4.0	8:20	3.7	1:44	-0.5	2:16	-0.7	6:28	5:50	
3	Thu	8:40	3.9	9:05	3.7	2:33	-0.5	3:00	-0.7	6:26	5:51	
4	Fri	9:24	3.8	9:48	3.7	3:19	-0.5	3:39	-0.6	6:25	5:52	
5	Sat	10:08	3.6	10:31	3.5	4:02	-0.4	4:17	-0.4	6:23	5:53	
6	Sun	10:52	3.3	11:14	3.4	4:43	-0.2	4:52	-0.2	6:22	5:54	
7	Mon	11:39	3.0	11:59	3.2	5:24	0.1	5:28	0.1	6:20	5:55	
8	Tue			12:27	2.8	6:09	0.3	6:06	0.3	6:19	5:56	
9	Wed	12:44	3.1	1:16	2.6	7:03	0.5	6:53	0.6	6:17	5:57	
10	Thu	1:31	3.0	2:07	2.5	8:08	0.7	7:56	0.7	6:16	5:59	
11	Fri	2:21	2.9	3:03	2.4	9:14	0.7	9:05	0.7	6:14	6:00	
12	Sat	3:18	2.9	4:05	2.5	10:13	0.6	10:07	0.7	6:12	6:01	
13	Sun	5:21	2.9	6:06	2.6			12:05	0.4	7:11	7:02	
14	Mon	6:20	3.1	6:58	2.8	12:01	0.5	12:51	0.2	7:09	7:03	
15	Tue	7:09	3.3	7:41	3.1	12:50	0.3	1:34	0.0	7:08	7:04	
16	Wed	7:51	3.5	8:20	3.3	1:37	0.1	2:15	-0.1	7:06	7:05	
17	Thu	8:30	3.6	8:57	3.5	2:22	-0.1	2:55	-0.3	7:05	7:06	
18	Fri	9:07	3.7	9:34	3.7	3:07	-0.2	3:34	-0.3	7:03	7:07	
19	Sat	9:46	3.7	10:12	3.8	3:51	-0.4	4:11	-0.4	7:01	7:08	
20	Sun	10:27	3.6	10:54	3.9	4:34	-0.4	4:48	-0.4	7:00	7:09	
21	Mon	11:13	3.4	11:41	3.8	5:18	-0.3	5:26	-0.3	6:58	7:10	
22	Tue			12:05	3.2	6:04	-0.2	6:08	-0.1	6:57	7:11	
23	Wed	12:35	3.8	1:04	3.1	6:58	0.0	6:59	0.1	6:55	7:12	
24	Thu	1:34	3.7	2:07	2.9	8:03	0.2	8:06	0.3	6:53	7:13	
25	Fri	2:37	3.6	3:12	2.9	9:18	0.3	9:27	0.4	6:52	7:14	
26	Sat	3:42	3.5	4:20	2.9	10:30	0.2	10:42	0.3	6:50	7:15	
27	Sun	4:51	3.5	5:30	3.1	11:32	0.1	11:47	0.2	6:49	7:16	
28	Mon	5:59	3.6	6:34	3.3			12:27	-0.1	6:47	7:17	
29	Tue	6:58	3.7	7:28	3.6	12:45	0.0	1:17	-0.3	6:45	7:18	
30	Wed	7:48	3.8	8:14	3.8	1:37	-0.2	2:03	-0.4	6:44	7:19	
31	Thu	8:33	3.8	8:56	3.9	2:26	-0.3	2:47	-0.4	6:42	7:20	