

































Seven Island, Newmans Thorofare, NJ - Jan 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:42	3.4	4:03	2.8	10:18	0.2	10:18	0.0	7:17	4:44	
2	Mon	4:38	3.4	5:01	2.8	11:11	0.2	11:05	0.1	7:17	4:44	
3	Tue	5:30	3.4	5:55	2.8	11:59	0.1	11:50	0.1	7:17	4:45	
4	Wed	6:17	3.5	6:43	2.8			12:45	0.0	7:17	4:46	
5	Thu	6:59	3.5	7:27	2.9	12:34	0.1	1:30	-0.1	7:17	4:47	
6	Fri	7:39	3.6	8:08	2.9	1:18	0.1	2:13	-0.1	7:17	4:48	
7	Sat	8:16	3.5	8:49	2.9	2:01	0.1	2:53	-0.1	7:17	4:49	
8	Sun	8:53	3.5	9:29	2.8	2:43	0.1	3:31	-0.1	7:17	4:50	
9	Mon	9:29	3.4	10:10	2.8	3:22	0.1	4:06	-0.1	7:17	4:51	
10	Tue	10:04	3.2	10:51	2.7	3:59	0.2	4:39	0.0	7:17	4:52	
11	Wed	10:40	3.1	11:32	2.7	4:34	0.3	5:12	0.1	7:17	4:53	
12	Thu	11:20	3.0			5:12	0.4	5:45	0.1	7:16	4:54	
13	Fri	12:14	2.8	12:04	2.9	5:55	0.5	6:22	0.2	7:16	4:55	
14	Sat	12:58	2.9	12:54	2.8	6:51	0.5	7:10	0.2	7:16	4:56	
15	Sun	1:43	3.0	1:48	2.7	8:03	0.5	8:11	0.2	7:15	4:57	
16	Mon	2:34	3.2	2:48	2.6	9:16	0.4	9:16	0.2	7:15	4:58	
17	Tue	3:33	3.3	3:57	2.6	10:22	0.2	10:19	0.0	7:15	4:59	
18	Wed	4:39	3.6	5:09	2.7	11:21	-0.1	11:18	-0.2	7:14	5:00	
19	Thu	5:42	3.8	6:12	3.0			12:17	-0.3	7:14	5:01	
20	Fri	6:39	4.1	7:08	3.2	12:16	-0.4	1:12	-0.6	7:13	5:03	
21	Sat	7:32	4.2	8:01	3.4	1:14	-0.5	2:06	-0.8	7:12	5:04	
22	Sun	8:24	4.3	8:54	3.5	2:10	-0.7	2:57	-0.9	7:12	5:05	
23	Mon	9:16	4.2	9:47	3.6	3:04	-0.7	3:45	-1.0	7:11	5:06	
24	Tue	10:08	4.1	10:42	3.5	3:56	-0.7	4:31	-0.9	7:11	5:07	
25	Wed	11:01	3.8	11:37	3.5	4:47	-0.5	5:17	-0.8	7:10	5:08	
26	Thu	11:55	3.5			5:39	-0.3	6:04	-0.5	7:09	5:10	
27	Fri	12:30	3.4	12:48	3.2	6:36	0.0	6:55	-0.3	7:08	5:11	
28	Sat	1:22	3.3	1:41	3.0	7:40	0.2	7:50	0.0	7:08	5:12	
29	Sun	2:13	3.2	2:34	2.7	8:47	0.3	8:48	0.2	7:07	5:13	
30	Mon	3:05	3.1	3:31	2.6	9:49	0.3	9:44	0.3	7:06	5:14	
31	Tue	4:02	3.1	4:33	2.5	10:46	0.3	10:37	0.3	7:05	5:15	