

































Seven Island, Newmans Thorofare, NJ - May 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	5:51	3.1	6:30	3.4			12:14	0.4	5:58	7:50	
2	Tue	6:41	3.2	7:12	3.6	12:36	0.5	12:54	0.3	5:56	7:51	
3	Wed	7:25	3.3	7:50	3.8	1:22	0.3	1:33	0.2	5:55	7:52	
4	Thu	8:05	3.4	8:26	4.0	2:07	0.1	2:13	0.1	5:54	7:53	
5	Fri	8:45	3.4	9:02	4.2	2:52	0.0	2:54	0.1	5:53	7:54	
6	Sat	9:26	3.4	9:41	4.2	3:38	-0.1	3:35	0.1	5:52	7:55	
7	Sun	10:09	3.3	10:25	4.2	4:23	-0.2	4:18	0.1	5:51	7:56	
8	Mon	10:59	3.3	11:15	4.1	5:08	-0.1	5:01	0.2	5:50	7:57	
9	Tue	11:55	3.2			5:55	0.0	5:49	0.3	5:49	7:58	
10	Wed	12:13	4.0	12:58	3.2	6:47	0.1	6:45	0.5	5:47	7:59	
11	Thu	1:17	3.9	2:01	3.2	7:48	0.2	7:55	0.6	5:46	8:00	
12	Fri	2:19	3.8	3:02	3.3	8:54	0.2	9:13	0.6	5:45	8:01	
13	Sat	3:20	3.7	4:02	3.5	9:58	0.2	10:25	0.5	5:45	8:02	
14	Sun	4:21	3.6	5:03	3.7	10:55	0.1	11:28	0.3	5:44	8:03	
15	Mon	5:24	3.6	6:02	3.9	11:47	0.0			5:43	8:04	
16	Tue	6:23	3.6	6:55	4.1	12:24	0.2	12:35	-0.1	5:42	8:05	
17	Wed	7:16	3.6	7:41	4.2	1:16	0.0	1:21	-0.1	5:41	8:06	
18	Thu	8:05	3.6	8:25	4.3	2:06	-0.1	2:06	-0.1	5:40	8:07	
19	Fri	8:50	3.6	9:06	4.3	2:54	-0.1	2:50	0.0	5:39	8:07	
20	Sat	9:35	3.5	9:46	4.1	3:41	-0.1	3:34	0.2	5:38	8:08	
21	Sun	10:21	3.3	10:27	4.0	4:24	0.0	4:16	0.3	5:38	8:09	
22	Mon	11:08	3.2	11:10	3.8	5:06	0.1	4:55	0.5	5:37	8:10	
23	Tue	11:57	3.1	11:55	3.6	5:46	0.3	5:35	0.7	5:36	8:11	
24	Wed			12:49	3.0	6:27	0.5	6:16	0.9	5:36	8:12	
25	Thu	12:45	3.4	1:41	2.9	7:12	0.6	7:04	1.0	5:35	8:13	
26	Fri	1:34	3.2	2:29	3.0	8:03	0.7	8:03	1.1	5:34	8:13	
27	Sat	2:23	3.2	3:16	3.0	8:58	0.7	9:11	1.1	5:34	8:14	
28	Sun	3:10	3.1	4:03	3.1	9:51	0.7	10:14	1.0	5:33	8:15	
29	Mon	4:00	3.1	4:52	3.3	10:40	0.6	11:10	0.9	5:33	8:16	
30	Tue	4:54	3.1	5:41	3.5	11:25	0.5			5:32	8:16	
31	Wed	5:51	3.1	6:28	3.8	12:01	0.6	12:08	0.4	5:32	8:17	